US HARBORS www.USHarbors.com

Ship Shoal Light, LA - Jan 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			8:23	1.7	6:42	-1.3			6:57	5:18	
2	Sat			9:21	1.4	7:36	-1.1			6:57	5:18	
3	Sun			10:23	1.0	8:25	-0.9			6:58	5:19	
4	Mon			11:29	0.6	9:05	-0.5			6:58	5:20	
5	Tue			4:17	0.2	9:15	-0.1			6:58	5:21	
6	Wed			2:21	0.5	5:53	0.1			6:58	5:21	
7	Thu			2:22	0.8	12:42	-0.3			6:58	5:22	
8	Fri			2:53	1.0	1:39	-0.7			6:58	5:23	
9	Sat			3:40	1.2	2:28	-0.9			6:58	5:24	
10	Sun			4:32	1.3	3:14	-1.1			6:58	5:24	
11	Mon			5:22	1.3	3:58	-1.2			6:58	5:25	
12	Tue			6:07	1.4	4:40	-1.2			6:58	5:26	
13	Wed			6:47	1.3	5:21	-1.1			6:58	5:27	
14	Thu			7:24	1.2	5:58	-1.0			6:58	5:28	
15	Fri			7:58	1.1	6:33	-0.9			6:58	5:28	
16	Sat			8:29	0.9	7:02	-0.8			6:58	5:29	
17	Sun			8:54	0.8	7:24	-0.6			6:58	5:30	
18	Mon			8:43	0.5	7:31	-0.5			6:58	5:31	
19	Tue			7:52	0.3	6:43	-0.3			6:57	5:32	
20	Wed			1:27	0.2	5:43	-0.2			6:57	5:33	
21	Thu			1:27	0.4	3:38	-0.1			6:57	5:33	
22	Fri			1:45	0.6	12:50	-0.3			6:57	5:34	
23	Sat			2:14	0.9	1:07	-0.6			6:56	5:35	
24	Sun			2:57	1.1	1:42	-0.9			6:56	5:36	
25	Mon			3:51	1.3	2:23	-1.1			6:55	5:37	
26	Tue			4:50	1.4	3:06	-1.3			6:55	5:38	
27	Wed			5:48	1.5	3:53	-1.4			6:55	5:39	
28	Thu			6:46	1.5	4:42	-1.5			6:54	5:39	
29	Fri			7:46	1.4	5:36	-1.3			6:54	5:40	
30	Sat			8:52	1.2	6:30	-1.1			6:53	5:41	
31	Sun			10:05	0.8	7:24	-0.8			6:53	5:42	