












## Ship Shoal Light, LA - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			5:58	1.9	4:19	-1.5			6:57	5:18	
2	Fri			6:54	1.9	5:16	-1.6			6:57	5:18	
3	Sat			7:50	1.8	6:15	-1.5			6:58	5:19	
4	Sun			8:44	1.6	7:14	-1.4			6:58	5:20	
5	Mon			9:36	1.3	8:07	-1.1			6:58	5:21	
6	Tue			10:20	0.9	8:51	-0.8			6:58	5:21	
7	Wed			10:33	0.5	9:20	-0.4			6:58	5:22	
8	Thu			5:41	0.2	8:52	-0.1			6:58	5:23	
9	Fri			2:43	0.4	5:53	0.0			6:58	5:24	
10	Sat			2:15	0.6	2:01	-0.2			6:58	5:24	
11	Sun			2:38	0.9	2:07	-0.5			6:58	5:25	
12	Mon			3:18	1.0	2:34	-0.8			6:58	5:26	
13	Tue			4:06	1.2	3:06	-1.0			6:58	5:27	
14	Wed			4:54	1.3	3:39	-1.1			6:58	5:28	
15	Thu			5:40	1.3	4:15	-1.1			6:58	5:29	
16	Fri			6:23	1.4	4:51	-1.2			6:58	5:29	
17	Sat			7:02	1.4	5:29	-1.2			6:58	5:30	
18	Sun			7:38	1.3	6:07	-1.1			6:58	5:31	
19	Mon			8:12	1.2	6:44	-1.1			6:57	5:32	
20	Tue			8:43	1.0	7:18	-0.9			6:57	5:33	
21	Wed			9:08	0.7	7:47	-0.7			6:57	5:34	
22	Thu			8:42	0.4	7:59	-0.5			6:56	5:34	
23	Fri			1:43	0.2	6:33	-0.2			6:56	5:35	
24	Sat			1:25	0.4	4:07	0.0	11:53	-0.4	6:56	5:36	
25	Sun			1:29	0.7					6:55	5:37	
26	Mon			1:55	1.0	12:44	-0.8			6:55	5:38	
27	Tue			2:47	1.3	1:36	-1.1			6:55	5:39	
28	Wed			3:56	1.5	2:30	-1.4			6:54	5:39	
29	Thu			5:04	1.6	3:24	-1.6			6:54	5:40	
30	Fri			6:08	1.6	4:19	-1.6			6:53	5:41	
31	Sat			7:07	1.5	5:14	-1.5			6:53	5:42	