















## Ship Shoal Light, LA - Jan 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			6:00	1.9	4:16	-1.4			6:57	5:18	
2	Mon			6:54	1.9	5:10	-1.5			6:57	5:19	
3	Tue			7:48	1.9	6:10	-1.5			6:58	5:19	
4	Wed			8:48	1.7	7:10	-1.4			6:58	5:20	
5	Thu			9:48	1.4	8:04	-1.2			6:58	5:21	
6	Fri			10:48	0.9	8:52	-0.8			6:58	5:22	
7	Sat			11:54	0.5	9:28	-0.4			6:58	5:22	
8	Sun			3:30	0.2	9:04	0.0	11:58	0.0	6:58	5:23	
9	Mon			2:12	0.5					6:58	5:24	
10	Tue			2:18	0.8	1:10	-0.4			6:58	5:25	
11	Wed			2:54	1.1	1:58	-0.8			6:58	5:26	
12	Thu			3:42	1.2	2:46	-1.0			6:58	5:26	
13	Fri			4:36	1.3	3:28	-1.1			6:58	5:27	
14	Sat			5:24	1.3	4:10	-1.2			6:58	5:28	
15	Sun			6:12	1.4	4:46	-1.2			6:58	5:29	
16	Mon			6:48	1.3	5:28	-1.1			6:58	5:30	
17	Tue			7:30	1.3	6:04	-1.1			6:58	5:30	
18	Wed			8:00	1.1	6:40	-1.0			6:57	5:31	
19	Thu			8:30	1.0	7:10	-0.9			6:57	5:32	
20	Fri			8:54	0.8	7:34	-0.7			6:57	5:33	
21	Sat			8:42	0.5	7:40	-0.5			6:57	5:34	
22	Sun			8:00	0.3	6:58	-0.3			6:56	5:35	
23	Mon			1:30	0.2	5:34	-0.1			6:56	5:36	
24	Tue			1:24	0.5	3:22	-0.1			6:56	5:36	
25	Wed			1:36	0.7	12:28	-0.4			6:55	5:37	
26	Thu			2:06	1.0	12:58	-0.7			6:55	5:38	
27	Fri			2:54	1.2	1:40	-1.1			6:54	5:39	
28	Sat			3:54	1.4	2:28	-1.3			6:54	5:40	
29	Sun			5:00	1.6	3:16	-1.5			6:53	5:41	
30	Mon			6:06	1.7	4:10	-1.6			6:53	5:41	
31	Tue			7:06	1.6	5:04	-1.5			6:52	5:42	