




Southwest Pass, Vermilion Bay, LA - Jan 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|-----|------|-----|-------|------|----------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Thu | | | 4:10 | 1.5 | 7:19 | -1.2 | | | 7:03 | 5:20 |  |
| 2 | Fri | | | 4:53 | 1.4 | 8:11 | -1.3 | 8:55 | 1.3 | 7:03 | 5:21 |  |
| 3 | Sat | | | 5:35 | 1.3 | 9:03 | -1.3 | 8:46 | 1.2 | 7:03 | 5:22 |  |
| 4 | Sun | 1:02 | 1.3 | 6:14 | 1.2 | 9:54 | -1.2 | 9:18 | 1.1 | 7:03 | 5:22 |  |
| 5 | Mon | 2:18 | 1.2 | 6:51 | 1.1 | 10:44 | -1.0 | 10:23 | 0.9 | 7:03 | 5:23 |  |
| 6 | Tue | 3:29 | 1.1 | 7:24 | 0.9 | 11:32 | -0.7 | | | 7:03 | 5:24 |  |
| 7 | Wed | 4:44 | 0.9 | 7:54 | 0.9 | 12:20 | 0.7 | 12:17 | -0.4 | 7:04 | 5:25 |  |
| 8 | Thu | 6:21 | 0.6 | 8:17 | 0.8 | 1:52 | 0.5 | 12:56 | 0.0 | 7:04 | 5:25 |  |
| 9 | Fri | 8:41 | 0.5 | 8:30 | 0.7 | 2:58 | 0.2 | 1:24 | 0.3 | 7:04 | 5:26 |  |
| 10 | Sat | | | 8:08 | 0.7 | 3:51 | -0.1 | | | 7:04 | 5:27 |  |
| 11 | Sun | | | 4:58 | 0.8 | 4:37 | -0.3 | | | 7:04 | 5:28 |  |
| 12 | Mon | | | 4:21 | 1.0 | 5:20 | -0.5 | | | 7:04 | 5:29 |  |
| 13 | Tue | | | 4:40 | 1.1 | 6:01 | -0.7 | | | 7:03 | 5:29 |  |
| 14 | Wed | | | 5:00 | 1.1 | 6:42 | -0.8 | | | 7:03 | 5:30 |  |
| 15 | Thu | | | 5:13 | 1.1 | 7:21 | -0.9 | | | 7:03 | 5:31 |  |
| 16 | Fri | | | 5:17 | 1.1 | 7:59 | -0.9 | | | 7:03 | 5:32 |  |
| 17 | Sat | | | 5:28 | 1.0 | 8:36 | -1.0 | 8:36 | 1.0 | 7:03 | 5:33 |  |
| 18 | Sun | | | 5:46 | 1.0 | 9:11 | -1.0 | 8:44 | 0.9 | 7:03 | 5:34 |  |
| 19 | Mon | 12:17 | 1.0 | 6:07 | 1.0 | 9:43 | -0.9 | 9:29 | 0.9 | 7:02 | 5:34 |  |
| 20 | Tue | 1:24 | 0.9 | 6:27 | 0.9 | 10:15 | -0.8 | 10:40 | 0.7 | 7:02 | 5:35 |  |
| 21 | Wed | 2:41 | 0.8 | 6:44 | 0.9 | 10:47 | -0.6 | | | 7:02 | 5:36 |  |
| 22 | Thu | 4:07 | 0.7 | 6:57 | 0.8 | 12:03 | 0.6 | 11:20 AM | -0.4 | 7:02 | 5:37 |  |
| 23 | Fri | 5:46 | 0.5 | 7:03 | 0.7 | 12:55 | 0.3 | 11:56 AM | -0.1 | 7:01 | 5:38 |  |
| 24 | Sat | 7:55 | 0.5 | 7:00 | 0.7 | 1:39 | 0.0 | 12:33 | 0.2 | 7:01 | 5:39 |  |
| 25 | Sun | 10:17 | 0.6 | 6:45 | 0.8 | 2:25 | -0.3 | 1:13 | 0.6 | 7:00 | 5:40 |  |
| 26 | Mon | | | 5:30 | 0.9 | 3:16 | -0.6 | | | 7:00 | 5:40 |  |
| 27 | Tue | | | 3:51 | 1.1 | 4:14 | -0.9 | | | 7:00 | 5:41 |  |
| 28 | Wed | | | 3:26 | 1.2 | 5:15 | -1.1 | | | 6:59 | 5:42 |  |
| 29 | Thu | | | 3:52 | 1.2 | 6:18 | -1.2 | | | 6:59 | 5:43 |  |
| 30 | Fri | | | 4:17 | 1.2 | 7:17 | -1.3 | 8:15 | 1.1 | 6:58 | 5:44 |  |
| 31 | Sat | | | 4:42 | 1.1 | 8:12 | -1.3 | 7:54 | 1.0 | 6:57 | 5:45 |  |