































## Wine Island, Terrebonne Bay, LA - Jan 2026

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|---|------|---|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Thu |       |     | 9:00  | 1.6 | 7:11  | -1.2 |       |      | 6:56  | 5:15 |    |
| 2    | Fri |       |     | 9:56  | 1.6 | 8:08  | -1.3 |       |      | 6:56  | 5:16 |    |
| 3    | Sat |       |     | 10:52 | 1.5 | 9:07  | -1.2 |       |      | 6:56  | 5:17 |    |
| 4    | Sun |       |     | 11:46 | 1.3 | 10:06 | -1.1 |       |      | 6:56  | 5:18 |    |
| 5    | Mon |       |     |       |     | 10:59 | -0.9 |       |      | 6:56  | 5:18 |    |
| 6    | Tue | 12:38 | 1.1 |       |     | 11:43 | -0.7 |       |      | 6:57  | 5:19 |    |
| 7    | Wed | 1:22  | 0.8 |       |     |       |      | 12:12 | -0.4 | 6:57  | 5:20 |    |
| 8    | Thu | 1:35  | 0.4 | 8:43  | 0.2 | 11:44 | -0.1 |       |      | 6:57  | 5:21 |    |
| 9    | Fri |       |     | 5:45  | 0.3 | 8:45  | 0.0  |       |      | 6:57  | 5:21 |    |
| 10   | Sat |       |     | 5:17  | 0.5 | 4:53  | -0.2 |       |      | 6:57  | 5:22 |    |
| 11   | Sun |       |     | 5:40  | 0.7 | 4:59  | -0.4 |       |      | 6:57  | 5:23 |    |
| 12   | Mon |       |     | 6:20  | 0.8 | 5:26  | -0.6 |       |      | 6:57  | 5:24 |   |
| 13   | Tue |       |     | 7:08  | 0.9 | 5:58  | -0.8 |       |      | 6:57  | 5:25 |  |
| 14   | Wed |       |     | 7:56  | 1.0 | 6:31  | -0.9 |       |      | 6:57  | 5:25 |  |
| 15   | Thu |       |     | 8:42  | 1.1 | 7:07  | -0.9 |       |      | 6:56  | 5:26 |  |
| 16   | Fri |       |     | 9:25  | 1.1 | 7:43  | -1.0 |       |      | 6:56  | 5:27 |  |
| 17   | Sat |       |     | 10:04 | 1.1 | 8:21  | -1.0 |       |      | 6:56  | 5:28 |  |
| 18   | Sun |       |     | 10:40 | 1.1 | 8:59  | -0.9 |       |      | 6:56  | 5:29 |  |
| 19   | Mon |       |     | 11:14 | 1.0 | 9:36  | -0.9 |       |      | 6:56  | 5:30 |  |
| 20   | Tue |       |     | 11:45 | 0.8 | 10:10 | -0.8 |       |      | 6:55  | 5:30 |  |
| 21   | Wed |       |     |       |     | 10:39 | -0.6 |       |      | 6:55  | 5:31 |  |
| 22   | Thu | 12:10 | 0.6 | 11:44 | 0.3 | 10:51 | -0.4 |       |      | 6:55  | 5:32 |  |
| 23   | Fri |       |     | 4:45  | 0.1 | 9:25  | -0.2 |       |      | 6:54  | 5:33 |  |
| 24   | Sat |       |     | 4:27  | 0.3 | 6:59  | 0.0  |       |      | 6:54  | 5:34 |  |
| 25   | Sun |       |     | 4:31  | 0.6 | 2:45  | -0.3 |       |      | 6:54  | 5:35 |  |
| 26   | Mon |       |     | 4:57  | 0.8 | 3:36  | -0.7 |       |      | 6:53  | 5:36 |  |
| 27   | Tue |       |     | 5:49  | 1.1 | 4:28  | -0.9 |       |      | 6:53  | 5:36 |  |
| 28   | Wed |       |     | 6:58  | 1.2 | 5:22  | -1.1 |       |      | 6:52  | 5:37 |  |
| 29   | Thu |       |     | 8:06  | 1.3 | 6:16  | -1.3 |       |      | 6:52  | 5:38 |  |
| 30   | Fri |       |     | 9:10  | 1.3 | 7:11  | -1.3 |       |      | 6:51  | 5:39 |  |
| 31   | Sat |       |     | 10:09 | 1.3 | 8:06  | -1.2 |       |      | 6:51  | 5:40 |  |