



Bangor, ME - Mar 2025

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 11:41 | 15.3 | | | 5:51 | -0.6 | 6:16 | -1.0 | 6:11 | 5:22 | ☀ |
| 2 | Sun | 12:06 | 15.3 | 12:31 | 15.4 | 6:40 | -1.1 | 7:02 | -1.0 | 6:09 | 5:24 | ☀ |
| 3 | Mon | 12:55 | 15.8 | 1:20 | 15.2 | 7:29 | -1.3 | 7:49 | -0.8 | 6:08 | 5:25 | ☀ |
| 4 | Tue | 1:44 | 15.9 | 2:10 | 14.6 | 8:19 | -1.1 | 8:39 | -0.3 | 6:06 | 5:26 | ☀ |
| 5 | Wed | 2:33 | 15.6 | 3:01 | 13.8 | 9:14 | -0.7 | 9:34 | 0.4 | 6:04 | 5:28 | ☀ |
| 6 | Thu | 3:26 | 15.0 | 3:57 | 13.0 | 10:14 | -0.1 | 10:33 | 1.0 | 6:02 | 5:29 | ☀ |
| 7 | Fri | 4:23 | 14.3 | 4:55 | 12.2 | 11:15 | 0.4 | 11:34 | 1.4 | 6:01 | 5:30 | ☀ |
| 8 | Sat | 5:21 | 13.6 | 5:54 | 11.7 | | | 12:17 | 0.9 | 5:59 | 5:32 | ☀ |
| 9 | Sun | 7:20 | 13.1 | 7:56 | 11.3 | 12:35 | 1.8 | 2:25 | 1.1 | 6:57 | 6:33 | ☀ |
| 10 | Mon | 8:22 | 12.7 | 10:40 | 11.4 | 2:43 | 1.9 | 3:42 | 1.1 | 6:55 | 6:34 | ☀ |
| 11 | Tue | 9:27 | 12.7 | 10:06 | 11.7 | 3:52 | 1.7 | 4:38 | 0.9 | 6:53 | 6:36 | ☀ |
| 12 | Wed | 10:18 | 12.7 | 10:43 | 12.0 | 4:44 | 1.4 | 5:16 | 0.8 | 6:51 | 6:37 | ☀ |
| 13 | Thu | 10:58 | 12.8 | 11:20 | 12.4 | 5:26 | 1.2 | 5:51 | 0.8 | 6:50 | 6:38 | ☀ |
| 14 | Fri | 11:38 | 12.9 | | | 6:05 | 1.0 | 6:27 | 0.9 | 6:48 | 6:40 | ☀ |
| 15 | Sat | 12:00 | 12.8 | 12:20 | 12.9 | 6:44 | 0.9 | 7:03 | 1.0 | 6:46 | 6:41 | ☀ |
| 16 | Sun | 12:41 | 13.1 | 1:03 | 13.0 | 7:24 | 0.8 | 7:41 | 1.1 | 6:44 | 6:42 | ☀ |
| 17 | Mon | 1:24 | 13.4 | 1:47 | 13.0 | 8:03 | 0.8 | 8:19 | 1.3 | 6:42 | 6:43 | ☀ |
| 18 | Tue | 2:06 | 13.5 | 2:30 | 12.8 | 8:43 | 0.9 | 8:59 | 1.6 | 6:40 | 6:45 | ☀ |
| 19 | Wed | 2:49 | 13.5 | 3:14 | 12.5 | 9:26 | 1.2 | 9:43 | 2.1 | 6:38 | 6:46 | ☀ |
| 20 | Thu | 3:34 | 13.3 | 4:01 | 12.1 | 10:14 | 1.6 | 10:32 | 2.5 | 6:37 | 6:47 | ☀ |
| 21 | Fri | 4:22 | 13.0 | 4:52 | 11.6 | 11:07 | 1.9 | 11:26 | 2.8 | 6:35 | 6:48 | ☀ |
| 22 | Sat | 5:15 | 12.7 | 5:46 | 11.3 | | | 12:02 | 2.1 | 6:33 | 6:50 | ☀ |
| 23 | Sun | 6:09 | 12.6 | 6:40 | 11.3 | 12:20 | 2.9 | 12:56 | 2.1 | 6:31 | 6:51 | ☀ |
| 24 | Mon | 7:03 | 12.6 | 7:34 | 11.4 | 1:13 | 2.9 | 1:51 | 1.9 | 6:29 | 6:52 | ☀ |
| 25 | Tue | 7:58 | 12.9 | 8:30 | 11.9 | 2:10 | 2.6 | 2:48 | 1.5 | 6:27 | 6:54 | ☀ |
| 26 | Wed | 8:54 | 13.3 | 9:24 | 12.8 | 3:08 | 1.9 | 3:42 | 0.9 | 6:25 | 6:55 | ☀ |
| 27 | Thu | 9:48 | 14.0 | 10:15 | 13.8 | 4:02 | 1.1 | 4:30 | 0.2 | 6:24 | 6:56 | ☀ |
| 28 | Fri | 10:38 | 14.6 | 11:02 | 14.7 | 4:51 | 0.1 | 5:16 | -0.4 | 6:22 | 6:57 | ☀ |
| 29 | Sat | 11:27 | 15.0 | 11:50 | 15.5 | 5:39 | -0.7 | 6:01 | -0.7 | 6:20 | 6:59 | ☀ |
| 30 | Sun | | | 12:17 | 15.1 | 6:28 | -1.4 | 6:49 | -0.9 | 6:18 | 7:00 | ☀ |
| 31 | Mon | 12:40 | 16.0 | 1:08 | 15.1 | 7:18 | -1.7 | 7:37 | -0.9 | 6:16 | 7:01 | ☀ |