


























Bangor, ME - Aug 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:46	12.0	5:12	12.6	11:29	2.0			5:21	8:01	
2	Sat	5:38	11.5	6:03	12.4	12:03	2.0	12:19	2.4	5:22	7:59	
3	Sun	6:30	11.1	6:54	12.3	12:54	2.1	1:09	2.7	5:23	7:58	
4	Mon	7:22	10.9	7:46	12.3	1:47	2.2	2:01	2.9	5:25	7:57	
5	Tue	8:16	10.8	8:39	12.5	2:44	2.2	2:57	2.9	5:26	7:55	
6	Wed	9:10	11.0	9:32	12.9	3:40	1.9	3:51	2.6	5:27	7:54	
7	Thu	10:01	11.5	10:20	13.4	4:28	1.4	4:38	2.1	5:28	7:53	
8	Fri	10:48	12.0	11:07	13.9	5:11	0.9	5:22	1.7	5:29	7:51	
9	Sat	11:34	12.6	11:53	14.3	5:54	0.5	6:07	1.2	5:30	7:50	
10	Sun			12:21	13.3	6:37	0.1	6:53	0.7	5:32	7:48	
11	Mon	12:42	14.6	1:09	13.9	7:21	-0.2	7:40	0.2	5:33	7:47	
12	Tue	1:30	14.8	1:56	14.5	8:05	-0.4	8:26	-0.1	5:34	7:45	
13	Wed	2:18	14.8	2:43	15.0	8:49	-0.4	9:15	-0.3	5:35	7:44	
14	Thu	3:07	14.6	3:31	15.1	9:37	-0.1	10:07	-0.2	5:36	7:42	
15	Fri	3:57	14.0	4:23	14.9	10:29	0.3	11:05	0.0	5:37	7:41	
16	Sat	4:52	13.4	5:18	14.7	11:25	0.7			5:39	7:39	
17	Sun	5:49	12.8	6:15	14.4	12:04	0.2	12:23	1.0	5:40	7:37	
18	Mon	6:46	12.3	7:12	14.0	1:03	0.4	1:20	1.3	5:41	7:36	
19	Tue	7:45	12.0	8:11	13.8	2:05	0.6	2:22	1.5	5:42	7:34	
20	Wed	8:46	11.9	9:12	13.7	3:13	0.5	3:27	1.3	5:43	7:32	
21	Thu	9:47	12.1	10:08	13.8	4:14	0.3	4:26	1.1	5:44	7:31	
22	Fri	10:38	12.4	10:56	13.8	5:05	0.1	5:16	0.8	5:46	7:29	
23	Sat	11:23	12.7	11:42	13.8	5:50	0.1	6:03	0.7	5:47	7:27	
24	Sun			12:08	12.9	6:33	0.1	6:48	0.6	5:48	7:26	
25	Mon	12:27	13.6	12:52	13.1	7:14	0.3	7:32	0.6	5:49	7:24	
26	Tue	1:13	13.5	1:36	13.3	7:54	0.5	8:14	0.7	5:50	7:22	
27	Wed	1:57	13.3	2:18	13.4	8:33	0.9	8:56	1.0	5:52	7:20	
28	Thu	2:40	13.0	3:01	13.3	9:14	1.3	9:41	1.3	5:53	7:19	
29	Fri	3:24	12.5	3:46	13.1	9:59	1.9	10:30	1.7	5:54	7:17	
30	Sat	4:12	12.0	4:35	12.7	10:49	2.4	11:24	2.0	5:55	7:15	
31	Sun	5:04	11.5	5:28	12.4	11:42	2.7			5:56	7:13	