

































## Bangor, ME - Jan 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:19	15.0	8:51	13.0	2:27	0.9	3:10	-0.4	7:12	4:04	
2	Fri	9:13	15.4	9:45	13.2	3:23	0.6	4:03	-0.9	7:12	4:05	
3	Sat	10:05	15.6	10:36	13.4	4:16	0.3	4:55	-1.1	7:12	4:06	
4	Sun	10:57	15.5	11:29	13.6	5:08	0.1	5:47	-1.2	7:12	4:07	
5	Mon	11:50	15.3			6:02	0.0	6:38	-1.1	7:12	4:08	
6	Tue	12:22	13.7	12:42	15.0	6:54	0.0	7:26	-0.9	7:12	4:09	
7	Wed	1:12	13.7	1:31	14.5	7:44	0.2	8:13	-0.4	7:11	4:10	
8	Thu	1:59	13.7	2:18	13.9	8:35	0.6	9:02	0.2	7:11	4:12	
9	Fri	2:46	13.4	3:07	13.1	9:29	1.0	9:54	0.9	7:11	4:13	
10	Sat	3:36	13.1	3:59	12.3	10:26	1.4	10:46	1.4	7:11	4:14	
11	Sun	4:27	12.8	4:52	11.6	11:20	1.7	11:36	1.9	7:10	4:15	
12	Mon	5:18	12.5	5:44	11.2			12:13	1.9	7:10	4:16	
13	Tue	6:08	12.4	6:36	10.8	12:26	2.4	1:07	2.0	7:09	4:17	
14	Wed	6:59	12.3	7:29	10.7	1:19	2.7	2:07	2.0	7:09	4:19	
15	Thu	7:52	12.4	8:22	10.8	2:15	2.7	3:00	1.8	7:08	4:20	
16	Fri	8:42	12.7	9:11	11.1	3:05	2.6	3:44	1.5	7:08	4:21	
17	Sat	9:28	13.0	9:55	11.5	3:49	2.3	4:24	1.2	7:07	4:22	
18	Sun	10:13	13.4	10:40	12.0	4:31	2.1	5:05	0.9	7:06	4:24	
19	Mon	10:58	13.7	11:26	12.4	5:14	1.8	5:46	0.6	7:06	4:25	
20	Tue	11:45	14.0			5:58	1.5	6:28	0.4	7:05	4:26	
21	Wed	12:13	13.0	12:32	14.2	6:42	1.2	7:10	0.2	7:04	4:28	
22	Thu	12:59	13.5	1:18	14.3	7:26	0.9	7:51	0.2	7:03	4:29	
23	Fri	1:44	13.9	2:04	14.2	8:12	0.8	8:36	0.3	7:03	4:30	
24	Sat	2:30	14.2	2:53	13.9	9:01	0.7	9:25	0.6	7:02	4:32	
25	Sun	3:19	14.3	3:45	13.4	9:56	0.7	10:18	0.9	7:01	4:33	
26	Mon	4:12	14.3	4:40	12.9	10:53	0.7	11:12	1.1	7:00	4:34	
27	Tue	5:06	14.3	5:36	12.6	11:50	0.6			6:59	4:36	
28	Wed	6:02	14.3	6:33	12.3	12:07	1.3	12:48	0.6	6:58	4:37	
29	Thu	6:59	14.3	7:33	12.2	1:06	1.4	1:52	0.4	6:57	4:39	
30	Fri	7:58	14.4	8:33	12.4	2:08	1.3	2:55	0.0	6:56	4:40	
31	Sat	8:56	14.6	9:28	12.8	3:09	0.9	3:50	-0.4	6:55	4:42	