

































## Bangor, ME - Mar 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:41	13.8	9:13	12.7	2:58	1.0	3:38	0.1	6:12	5:22	
2	Mon	9:34	14.0	10:02	13.1	3:53	0.6	4:25	-0.2	6:10	5:23	
3	Tue	10:22	14.0	10:47	13.4	4:41	0.2	5:10	-0.2	6:08	5:25	
4	Wed	11:08	13.9	11:32	13.7	5:28	0.1	5:53	-0.1	6:06	5:26	
5	Thu	11:54	13.7			6:14	0.0	6:34	0.1	6:05	5:27	
6	Fri	12:16	13.9	12:39	13.5	6:57	0.1	7:14	0.5	6:03	5:29	
7	Sat	12:59	13.9	1:22	13.2	7:39	0.4	7:55	0.9	6:01	5:30	
8	Sun	1:42	13.8	3:05	12.8	9:22	0.8	9:38	1.5	6:59	6:31	
9	Mon	3:26	13.5	3:51	12.2	10:09	1.3	10:27	2.1	6:57	6:33	
10	Tue	4:13	13.0	4:41	11.6	11:01	1.7	11:20	2.6	6:56	6:34	
11	Wed	5:04	12.6	5:34	11.2	11:56	2.1			6:54	6:35	
12	Thu	5:58	12.3	6:27	10.9	12:13	2.9	12:50	2.3	6:52	6:37	
13	Fri	6:51	12.1	7:21	10.8	1:06	3.0	1:44	2.4	6:50	6:38	
14	Sat	7:45	12.2	8:16	11.0	2:01	3.0	2:42	2.2	6:48	6:39	
15	Sun	8:40	12.4	9:10	11.5	2:59	2.7	3:37	1.8	6:46	6:41	
16	Mon	9:33	12.9	10:00	12.3	3:53	2.1	4:23	1.2	6:44	6:42	
17	Tue	10:21	13.4	10:45	13.1	4:39	1.4	5:05	0.7	6:43	6:43	
18	Wed	11:07	13.9	11:30	14.0	5:22	0.7	5:46	0.3	6:41	6:44	
19	Thu	11:53	14.3			6:07	0.1	6:28	0.0	6:39	6:46	
20	Fri	12:16	14.7	12:41	14.5	6:52	-0.5	7:13	-0.2	6:37	6:47	
21	Sat	1:04	15.2	1:30	14.6	7:39	-0.9	7:58	-0.2	6:35	6:48	
22	Sun	1:52	15.6	2:19	14.5	8:26	-1.0	8:44	-0.1	6:33	6:49	
23	Mon	2:40	15.7	3:07	14.1	9:16	-0.8	9:34	0.3	6:31	6:51	
24	Tue	3:29	15.4	3:59	13.5	10:10	-0.4	10:29	0.8	6:30	6:52	
25	Wed	4:23	14.8	4:55	12.9	11:10	0.1	11:31	1.2	6:28	6:53	
26	Thu	5:21	14.2	5:55	12.4			12:12	0.4	6:26	6:55	
27	Fri	6:20	13.7	6:54	12.1	12:32	1.4	1:13	0.7	6:24	6:56	
28	Sat	7:20	13.3	7:55	12.1	1:34	1.5	2:18	0.8	6:22	6:57	
29	Sun	8:22	13.1	8:59	12.3	2:42	1.4	3:25	0.7	6:20	6:58	
30	Mon	9:25	13.1	9:56	12.7	3:48	1.0	4:21	0.5	6:18	7:00	
31	Tue	10:17	13.1	10:40	13.1	4:41	0.6	5:05	0.4	6:17	7:01	