

































Bangor, ME - Mar 2030

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Fri | 7:57 | 13.6 | 8:30 | 12.6 | 2:17 | 1.0 | 2:59 | 0.3 | 6:12 | 5:22 |  |
| 2 | Sat | 8:54 | 13.7 | 9:22 | 12.9 | 3:16 | 0.7 | 3:50 | 0.0 | 6:10 | 5:23 |  |
| 3 | Sun | 9:42 | 13.7 | 10:07 | 13.2 | 4:06 | 0.4 | 4:34 | 0.0 | 6:08 | 5:25 |  |
| 4 | Mon | 10:27 | 13.7 | 10:50 | 13.5 | 4:52 | 0.2 | 5:16 | 0.0 | 6:06 | 5:26 |  |
| 5 | Tue | 11:12 | 13.6 | 11:34 | 13.7 | 5:36 | 0.2 | 5:57 | 0.2 | 6:04 | 5:27 |  |
| 6 | Wed | 11:57 | 13.6 | | | 6:19 | 0.2 | 6:38 | 0.4 | 6:03 | 5:29 |  |
| 7 | Thu | 12:19 | 13.8 | 12:41 | 13.4 | 7:00 | 0.3 | 7:18 | 0.7 | 6:01 | 5:30 |  |
| 8 | Fri | 1:02 | 13.9 | 1:25 | 13.2 | 7:42 | 0.5 | 7:59 | 1.0 | 5:59 | 5:31 |  |
| 9 | Sat | 1:46 | 13.8 | 2:09 | 12.9 | 8:25 | 0.9 | 8:43 | 1.5 | 5:57 | 5:33 |  |
| 10 | Sun | 3:31 | 13.6 | 3:56 | 12.4 | 10:13 | 1.3 | 10:32 | 2.0 | 6:55 | 6:34 |  |
| 11 | Mon | 4:19 | 13.2 | 4:46 | 12.0 | 11:06 | 1.7 | 11:26 | 2.4 | 6:54 | 6:35 |  |
| 12 | Tue | 5:11 | 12.8 | 5:39 | 11.6 | | | 12:00 | 1.9 | 6:52 | 6:37 |  |
| 13 | Wed | 6:04 | 12.6 | 6:32 | 11.5 | 12:19 | 2.6 | 12:52 | 2.0 | 6:50 | 6:38 |  |
| 14 | Thu | 6:57 | 12.6 | 7:25 | 11.5 | 1:11 | 2.6 | 1:46 | 2.0 | 6:48 | 6:39 |  |
| 15 | Fri | 7:50 | 12.7 | 8:19 | 11.8 | 2:05 | 2.5 | 2:41 | 1.8 | 6:46 | 6:41 |  |
| 16 | Sat | 8:44 | 13.0 | 9:13 | 12.5 | 3:02 | 2.1 | 3:34 | 1.3 | 6:44 | 6:42 |  |
| 17 | Sun | 9:37 | 13.5 | 10:03 | 13.3 | 3:54 | 1.4 | 4:22 | 0.7 | 6:43 | 6:43 |  |
| 18 | Mon | 10:26 | 14.1 | 10:50 | 14.2 | 4:41 | 0.6 | 5:06 | 0.2 | 6:41 | 6:44 |  |
| 19 | Tue | 11:13 | 14.6 | 11:36 | 14.9 | 5:27 | -0.1 | 5:50 | -0.3 | 6:39 | 6:46 |  |
| 20 | Wed | | | 12:01 | 15.0 | 6:14 | -0.8 | 6:35 | -0.7 | 6:37 | 6:47 |  |
| 21 | Thu | 12:25 | 15.6 | 12:51 | 15.1 | 7:02 | -1.3 | 7:22 | -0.8 | 6:35 | 6:48 |  |
| 22 | Fri | 1:14 | 16.0 | 1:41 | 15.2 | 7:51 | -1.5 | 8:10 | -0.8 | 6:33 | 6:49 |  |
| 23 | Sat | 2:04 | 16.2 | 2:31 | 15.0 | 8:40 | -1.5 | 8:59 | -0.6 | 6:31 | 6:51 |  |
| 24 | Sun | 2:53 | 16.1 | 3:21 | 14.5 | 9:32 | -1.2 | 9:52 | -0.1 | 6:30 | 6:52 |  |
| 25 | Mon | 3:45 | 15.6 | 4:15 | 13.8 | 10:29 | -0.7 | 10:51 | 0.4 | 6:28 | 6:53 |  |
| 26 | Tue | 4:40 | 14.9 | 5:12 | 13.2 | 11:30 | -0.2 | 11:52 | 0.8 | 6:26 | 6:55 |  |
| 27 | Wed | 5:38 | 14.2 | 6:11 | 12.7 | | | 12:30 | 0.2 | 6:24 | 6:56 |  |
| 28 | Thu | 6:37 | 13.6 | 7:09 | 12.4 | 12:53 | 1.0 | 1:31 | 0.5 | 6:22 | 6:57 |  |
| 29 | Fri | 7:35 | 13.2 | 8:09 | 12.4 | 1:55 | 1.2 | 2:35 | 0.7 | 6:20 | 6:58 |  |
| 30 | Sat | 8:36 | 12.9 | 9:09 | 12.5 | 3:02 | 1.1 | 3:40 | 0.7 | 6:18 | 7:00 |  |
| 31 | Sun | 9:34 | 12.8 | 10:00 | 12.8 | 4:04 | 0.8 | 4:30 | 0.6 | 6:16 | 7:01 |  |