




















Bangor, ME - Jan 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:22	13.5	4:47	12.4	11:15	0.9	11:34	1.0	7:12	4:04	
2	Thu	5:15	13.2	5:40	11.8			12:10	1.2	7:12	4:05	
3	Fri	6:06	12.8	6:32	11.4	12:26	1.5	1:08	1.4	7:12	4:06	
4	Sat	6:58	12.6	7:26	11.2	1:21	1.9	2:10	1.5	7:12	4:07	
5	Sun	7:50	12.6	8:19	11.2	2:17	2.1	3:03	1.4	7:12	4:08	
6	Mon	8:39	12.8	9:06	11.4	3:07	2.0	3:44	1.2	7:12	4:09	
7	Tue	9:24	13.1	9:50	11.8	3:49	1.9	4:22	1.0	7:11	4:10	
8	Wed	10:08	13.4	10:33	12.1	4:30	1.8	5:01	0.8	7:11	4:11	
9	Thu	10:52	13.7	11:18	12.5	5:12	1.6	5:42	0.6	7:11	4:12	
10	Fri	11:38	13.9			5:55	1.4	6:23	0.5	7:11	4:14	
11	Sat	12:05	12.9	12:24	14.0	6:38	1.3	7:04	0.4	7:10	4:15	
12	Sun	12:51	13.3	1:10	14.1	7:21	1.1	7:46	0.4	7:10	4:16	
13	Mon	1:36	13.7	1:56	14.1	8:05	1.1	8:29	0.5	7:09	4:17	
14	Tue	2:21	13.9	2:43	13.8	8:53	1.1	9:17	0.8	7:09	4:18	
15	Wed	3:09	14.0	3:33	13.5	9:45	1.1	10:08	1.0	7:08	4:20	
16	Thu	4:01	14.0	4:27	13.2	10:40	1.0	11:01	1.1	7:08	4:21	
17	Fri	4:54	14.2	5:21	13.0	11:34	0.8	11:53	1.1	7:07	4:22	
18	Sat	5:47	14.3	6:16	12.9			12:29	0.6	7:07	4:23	
19	Sun	6:42	14.6	7:12	13.0	12:48	1.1	1:28	0.3	7:06	4:25	
20	Mon	7:38	14.9	8:10	13.2	1:47	0.8	2:28	-0.2	7:05	4:26	
21	Tue	8:35	15.3	9:06	13.7	2:46	0.4	3:24	-0.8	7:04	4:27	
22	Wed	9:29	15.7	9:58	14.2	3:41	-0.2	4:16	-1.3	7:04	4:29	
23	Thu	10:20	15.9	10:49	14.6	4:33	-0.6	5:07	-1.6	7:03	4:30	
24	Fri	11:12	15.9	11:42	14.8	5:26	-0.9	5:58	-1.7	7:02	4:31	
25	Sat			12:04	15.7	6:18	-1.0	6:47	-1.6	7:01	4:33	
26	Sun	12:33	15.0	12:55	15.3	7:09	-0.9	7:35	-1.3	7:00	4:34	
27	Mon	1:21	14.9	1:43	14.7	7:58	-0.6	8:22	-0.7	6:59	4:36	
28	Tue	2:08	14.6	2:31	14.0	8:49	-0.1	9:12	0.1	6:58	4:37	
29	Wed	2:56	14.2	3:20	13.1	9:44	0.5	10:05	0.8	6:57	4:38	
30	Thu	3:47	13.6	4:13	12.3	10:40	1.0	10:59	1.4	6:56	4:40	
31	Fri	4:39	13.1	5:06	11.7	11:34	1.4	11:51	1.9	6:55	4:41	