
































Bar Harbor, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:05	10.6	1:16	11.5	7:08	0.7	7:38	-0.3	7:08	4:03	
2	Tue	1:49	10.8	2:04	11.2	7:56	0.6	8:23	-0.1	7:08	4:04	
3	Wed	2:37	11.0	2:57	10.9	8:50	0.5	9:13	0.1	7:08	4:05	
4	Thu	3:29	11.1	3:55	10.4	9:48	0.5	10:08	0.4	7:08	4:06	
5	Fri	4:26	11.2	5:00	10.1	10:51	0.4	11:08	0.6	7:08	4:07	
6	Sat	5:27	11.3	6:07	10.0	11:58	0.1			7:08	4:08	
7	Sun	6:30	11.5	7:15	10.0	12:12	0.7	1:04	-0.2	7:08	4:09	
8	Mon	7:33	11.8	8:18	10.3	1:17	0.7	2:07	-0.5	7:08	4:10	
9	Tue	8:33	12.1	9:16	10.6	2:18	0.5	3:05	-0.9	7:07	4:12	
10	Wed	9:29	12.4	10:09	10.9	3:16	0.3	3:59	-1.1	7:07	4:13	
11	Thu	10:21	12.5	10:59	11.0	4:11	0.1	4:50	-1.2	7:07	4:14	
12	Fri	11:11	12.4	11:47	11.1	5:02	0.0	5:38	-1.1	7:06	4:15	
13	Sat			12:00	12.1	5:51	0.1	6:24	-0.8	7:06	4:16	
14	Sun	12:33	11.0	12:46	11.7	6:39	0.3	7:09	-0.4	7:05	4:17	
15	Mon	1:18	10.8	1:33	11.1	7:27	0.5	7:53	0.1	7:05	4:19	
16	Tue	2:03	10.6	2:20	10.5	8:15	0.8	8:37	0.6	7:04	4:20	
17	Wed	2:49	10.3	3:09	9.8	9:04	1.2	9:23	1.2	7:04	4:21	
18	Thu	3:36	10.1	4:02	9.3	9:56	1.4	10:11	1.6	7:03	4:22	
19	Fri	4:26	9.9	4:59	8.8	10:51	1.6	11:03	2.0	7:03	4:24	
20	Sat	5:19	9.7	5:58	8.6	11:49	1.6	11:58	2.2	7:02	4:25	
21	Sun	6:14	9.8	6:56	8.6			12:46	1.5	7:01	4:26	
22	Mon	7:08	9.9	7:49	8.8	12:54	2.2	1:40	1.2	7:00	4:28	
23	Tue	7:58	10.3	8:38	9.1	1:46	2.0	2:29	0.8	6:59	4:29	
24	Wed	8:44	10.7	9:21	9.5	2:34	1.7	3:13	0.4	6:59	4:30	
25	Thu	9:27	11.1	10:01	10.0	3:18	1.3	3:54	0.0	6:58	4:32	
26	Fri	10:08	11.6	10:40	10.4	3:59	0.9	4:33	-0.4	6:57	4:33	
27	Sat	10:48	11.9	11:19	10.8	4:40	0.5	5:12	-0.7	6:56	4:34	
28	Sun	11:29	12.0	11:58	11.2	5:21	0.2	5:51	-0.8	6:55	4:36	
29	Mon			12:12	12.0	6:04	-0.1	6:31	-0.8	6:54	4:37	
30	Tue	12:40	11.5	12:57	11.8	6:49	-0.3	7:13	-0.7	6:53	4:39	
31	Wed	1:24	11.7	1:45	11.4	7:38	-0.3	7:59	-0.4	6:52	4:40	