
































Bar Harbor, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:26	9.6	6:49	10.5	12:19	1.3	12:33	1.6	4:52	8:21	
2	Mon	7:23	9.3	7:41	10.4	1:16	1.3	1:26	1.9	4:52	8:20	
3	Tue	8:18	9.2	8:30	10.5	2:10	1.2	2:17	2.0	4:53	8:20	
4	Wed	9:10	9.3	9:17	10.7	3:01	1.1	3:06	2.0	4:53	8:20	
5	Thu	9:57	9.4	10:01	10.8	3:48	0.9	3:52	1.9	4:54	8:20	
6	Fri	10:40	9.6	10:43	11.0	4:31	0.7	4:35	1.8	4:55	8:19	
7	Sat	11:20	9.7	11:22	11.2	5:12	0.5	5:15	1.7	4:56	8:19	
8	Sun	11:58	9.9			5:50	0.4	5:54	1.6	4:56	8:18	
9	Mon	12:00	11.4	12:35	10.2	6:27	0.2	6:32	1.4	4:57	8:18	
10	Tue	12:38	11.4	1:12	10.4	7:04	0.1	7:12	1.3	4:58	8:17	
11	Wed	1:17	11.5	1:51	10.6	7:41	0.0	7:53	1.1	4:59	8:17	
12	Thu	1:59	11.4	2:31	10.9	8:20	0.0	8:37	0.9	4:59	8:16	
13	Fri	2:43	11.3	3:14	11.1	9:01	0.1	9:26	0.7	5:00	8:16	
14	Sat	3:31	11.0	4:01	11.3	9:46	0.2	10:19	0.6	5:01	8:15	
15	Sun	4:25	10.7	4:53	11.5	10:36	0.4	11:16	0.5	5:02	8:14	
16	Mon	5:23	10.4	5:50	11.6	11:31	0.7			5:03	8:14	
17	Tue	6:27	10.2	6:50	11.8	12:18	0.3	12:31	0.8	5:04	8:13	
18	Wed	7:33	10.1	7:53	12.0	1:23	0.1	1:35	0.9	5:05	8:12	
19	Thu	8:38	10.3	8:55	12.3	2:28	-0.2	2:39	0.8	5:06	8:11	
20	Fri	9:40	10.6	9:55	12.5	3:30	-0.6	3:40	0.5	5:07	8:11	
21	Sat	10:38	10.9	10:51	12.7	4:28	-0.9	4:39	0.3	5:08	8:10	
22	Sun	11:31	11.2	11:45	12.7	5:22	-1.0	5:34	0.1	5:09	8:09	
23	Mon			12:22	11.4	6:13	-1.1	6:27	0.1	5:10	8:08	
24	Tue	12:36	12.5	1:11	11.4	7:02	-0.9	7:18	0.2	5:11	8:07	
25	Wed	1:26	12.2	1:59	11.4	7:49	-0.6	8:09	0.3	5:12	8:06	
26	Thu	2:15	11.6	2:46	11.2	8:35	-0.1	8:59	0.6	5:13	8:05	
27	Fri	3:05	11.0	3:33	11.0	9:21	0.5	9:50	0.9	5:14	8:04	
28	Sat	3:55	10.4	4:20	10.7	10:07	1.0	10:42	1.2	5:15	8:03	
29	Sun	4:47	9.7	5:10	10.4	10:56	1.6	11:36	1.5	5:16	8:01	
30	Mon	5:43	9.3	6:02	10.2	11:47	2.0			5:17	8:00	
31	Tue	6:41	8.9	6:57	10.1	12:32	1.6	12:41	2.2	5:18	7:59	