US HARBORS www.USHarbors.com

Bar Harbor, ME - Jul 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:07	11.1	12:43	9.9	6:35	0.5	6:38	1.7	4:52	8:21	
2	Thu	12:44	11.1	1:19	10.0	7:11	0.5	7:16	1.7	4:53	8:20	
3	Fri	1:21	11.1	1:55	10.1	7:47	0.5	7:54	1.6	4:53	8:20	
4	Sat	1:59	11.0	2:33	10.3	8:23	0.5	8:35	1.5	4:54	8:20	
5	Sun	2:40	10.9	3:13	10.5	9:01	0.5	9:19	1.4	4:54	8:20	
6	Mon	3:24	10.7	3:56	10.7	9:42	0.6	10:07	1.2	4:55	8:19	
7	Tue	4:12	10.5	4:43	10.9	10:26	0.7	11:00	1.0	4:56	8:19	
8	Wed	5:06	10.2	5:34	11.2	11:16	0.8	11:58	0.7	4:57	8:18	
9	Thu	6:05	10.1	6:30	11.5			12:11	0.9	4:57	8:18	
10	Fri	7:08	10.0	7:29	11.8	12:59	0.4	1:10	1.0	4:58	8:17	
11	Sat	8:12	10.2	8:30	12.2	2:02	0.0	2:12	0.9	4:59	8:17	
12	Sun	9:15	10.4	9:30	12.6	3:04	-0.5	3:14	0.7	5:00	8:16	
13	Mon	10:15	10.8	10:28	12.9	4:04	-0.9	4:14	0.4	5:01	8:16	
14	Tue	11:12	11.1	11:25	13.0	5:01	-1.2	5:12	0.1	5:01	8:15	
15	Wed			12:06	11.4	5:56	-1.3	6:09	0.0	5:02	8:14	
16	Thu	12:20	13.0	12:59	11.6	6:49	-1.3	7:04	-0.1	5:03	8:14	
17	Fri	1:14	12.8	1:52	11.6	7:41	-1.1	7:59	0.0	5:04	8:13	
18	Sat	2:08	12.3	2:43	11.5	8:31	-0.7	8:54	0.2	5:05	8:12	
19	Sun	3:02	11.7	3:35	11.4	9:22	-0.2	9:50	0.5	5:06	8:11	
20	Mon	3:57	11.0	4:27	11.1	10:13	0.4	10:46	0.8	5:07	8:10	
21	Tue	4:53	10.3	5:20	10.8	11:05	1.0	11:44	1.0	5:08	8:09	
22	Wed	5:52	9.7	6:14	10.6	11:58	1.5			5:09	8:09	
23	Thu	6:51	9.3	7:08	10.4	12:42	1.2	12:53	1.9	5:10	8:08	
24	Fri	7:50	9.1	8:02	10.4	1:40	1.2	1:48	2.1	5:11	8:07	
25	Sat	8:45	9.1	8:53	10.5	2:34	1.2	2:41	2.1	5:12	8:06	
26	Sun	9:34	9.2	9:41	10.7	3:25	1.0	3:30	2.0	5:13	8:05	
27	Mon	10:19	9.4	10:24	10.9	4:11	0.8	4:15	1.8	5:14	8:03	
28	Tue	11:00	9.7	11:04	11.1	4:52	0.6	4:57	1.6	5:15	8:02	
29	Wed	11:38	9.9	11:42	11.3	5:31	0.5	5:35	1.5	5:16	8:01	
30	Thu			12:14	10.2	6:07	0.3	6:13	1.3	5:18	8:00	
31	Fri	12:19	11.3	12:49	10.4	6:42	0.2	6:50	1.1	5:19	7:59	