US HARBORS www.USHarbors.com

Bar Harbor, ME - Jan 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:33	12.1	8:14	10.7	1:16	0.3	2:04	-0.8	7:08	4:04	
2	Wed	8:32	12.5	9:12	11.1	2:18	0.1	3:02	-1.2	7:08	4:05	
3	Thu	9:27	12.8	10:07	11.3	3:15	-0.2	3:57	-1.5	7:08	4:06	
4	Fri	10:21	12.9	10:58	11.5	4:10	-0.4	4:48	-1.6	7:08	4:06	
5	Sat	11:12	12.8	11:48	11.5	5:02	-0.4	5:38	-1.5	7:08	4:07	
6	Sun			12:02	12.5	5:53	-0.3	6:26	-1.2	7:08	4:09	
7	Mon	12:36	11.4	12:51	12.0	6:44	-0.1	7:13	-0.7	7:08	4:10	
8	Tue	1:24	11.2	1:40	11.4	7:34	0.2	8:00	-0.2	7:08	4:11	
9	Wed	2:12	10.9	2:30	10.7	8:25	0.6	8:48	0.4	7:07	4:12	
10	Thu	3:00	10.6	3:22	10.1	9:17	1.0	9:37	0.9	7:07	4:13	
11	Fri	3:51	10.3	4:17	9.5	10:11	1.2	10:28	1.4	7:07	4:14	
12	Sat	4:43	10.1	5:15	9.1	11:08	1.4	11:22	1.7	7:06	4:15	
13	Sun	5:38	9.9	6:14	8.9			12:06	1.4	7:06	4:16	
14	Mon	6:32	10.0	7:10	8.9	12:16	1.9	1:01	1.3	7:05	4:18	
15	Tue	7:24	10.2	8:01	9.1	1:10	1.9	1:53	1.0	7:05	4:19	
16	Wed	8:12	10.5	8:48	9.4	2:00	1.7	2:40	0.7	7:04	4:20	
17	Thu	8:56	10.8	9:30	9.8	2:46	1.4	3:23	0.3	7:04	4:21	
18	Fri	9:37	11.2	10:09	10.1	3:28	1.1	4:02	0.0	7:03	4:23	
19	Sat	10:16	11.5	10:46	10.5	4:08	0.8	4:40	-0.3	7:02	4:24	
20	Sun	10:54	11.7	11:24	10.8	4:47	0.5	5:17	-0.5	7:01	4:25	
21	Mon	11:34	11.9			5:26	0.3	5:54	-0.7	7:01	4:27	
22	Tue	12:02	11.1	12:15	11.9	6:07	0.1	6:34	-0.7	7:00	4:28	
23	Wed	12:42	11.4	12:58	11.7	6:51	-0.1	7:15	-0.6	6:59	4:29	
24	Thu	1:26	11.5	1:46	11.4	7:38	-0.1	8:01	-0.4	6:58	4:31	
25	Fri	2:13	11.6	2:38	10.9	8:30	-0.1	8:51	0.0	6:57	4:32	
26	Sat	3:06	11.5	3:36	10.5	9:28	0.0	9:47	0.3	6:56	4:33	
27	Sun	4:04	11.4	4:41	10.1	10:32	0.1	10:50	0.6	6:55	4:35	
28	Mon	5:08	11.3	5:51	9.9	11:40	0.1	11:57	0.8	6:54	4:36	
29	Tue	6:15	11.4	7:00	10.0			12:49	-0.1	6:53	4:37	
30	Wed	7:21	11.6	8:05	10.3	1:05	0.7	1:53	-0.4	6:52	4:39	
31	Thu	8:23	11.9	9:02	10.7	2:09	0.4	2:52	-0.8	6:51	4:40	