

































Belfast, ME - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:14	10.3	1:25	11.2	7:12	0.7	7:42	-0.3	7:12	4:07	
2	Tue	1:58	10.5	2:13	10.9	8:00	0.6	8:27	-0.1	7:12	4:07	
3	Wed	2:46	10.6	3:06	10.5	8:54	0.5	9:17	0.1	7:12	4:08	
4	Thu	3:38	10.8	4:04	10.1	9:52	0.5	10:12	0.4	7:12	4:09	
5	Fri	4:35	10.9	5:09	9.8	10:55	0.4	11:12	0.6	7:12	4:10	
6	Sat	5:36	11.0	6:16	9.7			12:02	0.2	7:11	4:11	
7	Sun	6:39	11.2	7:24	9.7	12:16	0.8	1:08	-0.2	7:11	4:12	
8	Mon	7:42	11.5	8:27	10.0	1:21	0.7	2:11	-0.6	7:11	4:14	
9	Tue	8:42	11.8	9:25	10.3	2:22	0.5	3:09	-0.9	7:11	4:15	
10	Wed	9:38	12.0	10:18	10.5	3:20	0.3	4:03	-1.2	7:10	4:16	
11	Thu	10:30	12.1	11:08	10.7	4:15	0.1	4:54	-1.2	7:10	4:17	
12	Fri	11:20	12.0	11:56	10.7	5:06	0.0	5:42	-1.1	7:10	4:18	
13	Sat			12:09	11.8	5:55	0.1	6:28	-0.8	7:09	4:19	
14	Sun	12:42	10.7	12:55	11.3	6:43	0.3	7:13	-0.4	7:09	4:20	
15	Mon	1:27	10.5	1:42	10.8	7:31	0.5	7:57	0.1	7:08	4:22	
16	Tue	2:12	10.3	2:29	10.2	8:19	0.9	8:41	0.7	7:08	4:23	
17	Wed	2:58	10.0	3:18	9.5	9:08	1.2	9:27	1.2	7:07	4:24	
18	Thu	3:45	9.8	4:11	9.0	10:00	1.5	10:15	1.7	7:06	4:25	
19	Fri	4:35	9.6	5:08	8.6	10:55	1.6	11:07	2.1	7:06	4:27	
20	Sat	5:28	9.4	6:07	8.4	11:53	1.7			7:05	4:28	
21	Sun	6:23	9.5	7:05	8.4	12:02	2.3	12:50	1.5	7:04	4:29	
22	Mon	7:17	9.6	7:58	8.5	12:58	2.2	1:44	1.2	7:04	4:31	
23	Tue	8:07	10.0	8:47	8.9	1:50	2.0	2:33	0.9	7:03	4:32	
24	Wed	8:53	10.4	9:30	9.2	2:38	1.7	3:17	0.4	7:02	4:33	
25	Thu	9:36	10.8	10:10	9.7	3:22	1.3	3:58	0.0	7:01	4:35	
26	Fri	10:17	11.2	10:49	10.1	4:03	0.9	4:37	-0.4	7:00	4:36	
27	Sat	10:57	11.5	11:28	10.5	4:44	0.5	5:16	-0.7	6:59	4:37	
28	Sun	11:38	11.7			5:25	0.2	5:55	-0.8	6:58	4:39	
29	Mon	12:07	10.9	12:21	11.7	6:08	-0.1	6:35	-0.9	6:57	4:40	
30	Tue	12:49	11.2	1:06	11.5	6:53	-0.3	7:17	-0.7	6:56	4:42	
31	Wed	1:33	11.3	1:54	11.1	7:42	-0.3	8:03	-0.4	6:55	4:43	