US HARBORS www.USHarbors.com

Belfast, ME - Jul 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:35	9.3	6:58	10.1	12:23	1.4	12:37	1.6	4:55	8:24	
2	Mon	7:32	9.0	7:50	10.1	1:20	1.4	1:30	1.9	4:55	8:24	
3	Tue	8:27	8.9	8:39	10.2	2:14	1.3	2:21	2.1	4:56	8:23	
4	Wed	9:19	9.0	9:26	10.3	3:05	1.1	3:10	2.1	4:57	8:23	
5	Thu	10:06	9.1	10:10	10.5	3:52	0.9	3:56	2.0	4:57	8:23	
6	Fri	10:49	9.3	10:52	10.7	4:35	0.7	4:39	1.9	4:58	8:23	
7	Sat	11:29	9.5	11:31	10.9	5:16	0.5	5:19	1.7	4:59	8:22	
8	Sun			12:07	9.6	5:54	0.4	5:58	1.6	4:59	8:22	
9	Mon	12:09	11.0	12:44	9.8	6:31	0.2	6:36	1.5	5:00	8:21	
10	Tue	12:47	11.1	1:21	10.1	7:08	0.1	7:16	1.3	5:01	8:21	
11	Wed	1:26	11.1	2:00	10.3	7:45	0.0	7:57	1.1	5:02	8:20	
12	Thu	2:08	11.1	2:40	10.6	8:24	0.0	8:41	0.9	5:02	8:20	
13	Fri	2:52	10.9	3:23	10.8	9:05	0.1	9:30	0.8	5:03	8:19	
14	Sat	3:40	10.7	4:10	11.0	9:50	0.2	10:23	0.6	5:04	8:18	
15	Sun	4:34	10.4	5:02	11.2	10:40	0.4	11:20	0.5	5:05	8:18	
16	Mon	5:32	10.1	5:59	11.3	11:35	0.7			5:06	8:17	
17	Tue	6:36	9.9	6:59	11.4	12:22	0.3	12:35	0.9	5:07	8:16	
18	Wed	7:42	9.8	8:02	11.6	1:27	0.1	1:39	0.9	5:08	8:16	
19	Thu	8:47	10.0	9:04	11.9	2:32	-0.2	2:43	0.8	5:09	8:15	
20	Fri	9:49	10.3	10:04	12.1	3:34	-0.6	3:44	0.6	5:10	8:14	
21	Sat	10:47	10.6	11:00	12.3	4:32	-0.9	4:43	0.3	5:11	8:13	
22	Sun	11:40	10.9	11:54	12.3	5:26	-1.1	5:38	0.1	5:12	8:12	
23	Mon			12:31	11.0	6:17	-1.1	6:31	0.1	5:13	8:11	
24	Tue	12:45	12.2	1:20	11.1	7:06	-0.9	7:22	0.2	5:14	8:10	
25	Wed	1:35	11.8	2:08	11.0	7:53	-0.6	8:13	0.4	5:15	8:09	
26	Thu	2:24	11.3	2:55	10.9	8:39	-0.1	9:03	0.6	5:16	8:08	
27	Fri	3:14	10.7	3:42	10.6	9:25	0.5	9:54	1.0	5:17	8:07	
28	Sat	4:04	10.0	4:29	10.4	10:11	1.1	10:46	1.3	5:18	8:06	
29	Sun	4:56	9.5	5:19	10.1	11:00	1.6	11:40	1.5	5:19	8:05	
30	Mon	5:52	9.0	6:11	9.9	11:51	2.0			5:20	8:04	
31	Tue	6:50	8.7	7:06	9.8	12:36	1.6	12:45	2.3	5:21	8:02	