

Biddeford Pool, ME - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:41	7.5	3:47	8.3	9:43	2.3	10:29	1.3	6:16	4:33	
2	Sun	4:37	7.4	4:45	8.1	10:42	2.3	11:26	1.4	6:18	4:31	
3	Mon	5:36	7.5	5:46	8.1	11:44	2.2			6:19	4:30	
4	Tue	6:32	7.7	6:44	8.1	12:21	1.4	12:42	2.0	6:20	4:29	
5	Wed	7:21	8.1	7:37	8.2	1:11	1.3	1:35	1.6	6:22	4:28	
6	Thu	8:05	8.5	8:25	8.4	1:56	1.1	2:22	1.1	6:23	4:26	
7	Fri	8:45	9.0	9:10	8.6	2:37	1.0	3:07	0.6	6:24	4:25	
8	Sat	9:23	9.5	9:53	8.8	3:17	0.9	3:49	0.1	6:26	4:24	
9	Sun	10:02	9.9	10:35	8.9	3:57	0.8	4:32	-0.3	6:27	4:23	
10	Mon	10:42	10.3	11:18	9.0	4:37	0.7	5:15	-0.7	6:28	4:22	
11	Tue	11:25	10.6			5:19	0.6	6:00	-0.9	6:29	4:21	
12	Wed	12:04	9.0	12:12	10.7	6:04	0.5	6:49	-0.9	6:31	4:20	
13	Thu	12:54	9.0	1:03	10.7	6:53	0.6	7:41	-0.8	6:32	4:19	
14	Fri	1:48	8.9	1:59	10.4	7:48	0.7	8:38	-0.6	6:33	4:18	
15	Sat	2:47	8.8	3:00	10.1	8:50	0.9	9:39	-0.4	6:35	4:17	
16	Sun	3:51	8.8	4:06	9.8	9:57	0.9	10:42	-0.2	6:36	4:16	
17	Mon	4:56	8.9	5:16	9.5	11:07	0.9	11:46	0.0	6:37	4:15	
18	Tue	6:02	9.1	6:25	9.2			12:17	0.6	6:38	4:14	
19	Wed	7:04	9.5	7:30	9.1	12:47	0.1	1:21	0.3	6:40	4:13	
20	Thu	8:00	9.8	8:30	9.1	1:43	0.2	2:20	0.0	6:41	4:12	
21	Fri	8:51	10.0	9:24	9.0	2:35	0.3	3:13	-0.3	6:42	4:12	
22	Sat	9:37	10.1	10:13	8.8	3:24	0.5	4:03	-0.4	6:43	4:11	
23	Sun	10:20	10.0	10:57	8.6	4:10	0.7	4:48	-0.4	6:45	4:10	
24	Mon	10:59	9.9	11:38	8.4	4:52	1.0	5:30	-0.2	6:46	4:10	
25	Tue	11:37	9.7			5:32	1.2	6:10	0.0	6:47	4:09	
26	Wed	12:16	8.2	12:14	9.4	6:11	1.5	6:49	0.2	6:48	4:08	
27	Thu	12:55	8.0	12:52	9.2	6:50	1.7	7:30	0.5	6:49	4:08	
28	Fri	1:35	7.8	1:34	9.0	7:31	1.9	8:13	0.7	6:51	4:07	
29	Sat	2:18	7.7	2:19	8.7	8:16	2.0	8:58	0.9	6:52	4:07	
30	Sun	3:05	7.6	3:08	8.5	9:06	2.1	9:45	1.1	6:53	4:07	