

Biddeford Pool, ME - Mar 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:16	9.2	4:58	7.8	10:57	0.8	11:03	1.6	6:17	5:29	
2	Mon	5:18	9.3	6:07	7.7			12:05	0.7	6:16	5:31	
3	Tue	6:26	9.5	7:17	8.0	12:12	1.6	1:11	0.4	6:14	5:32	
4	Wed	7:34	9.8	8:21	8.5	1:20	1.2	2:13	0.0	6:12	5:33	
5	Thu	8:37	10.2	9:18	9.1	2:24	0.7	3:10	-0.5	6:11	5:34	
6	Fri	9:35	10.6	10:10	9.7	3:23	0.1	4:02	-0.9	6:09	5:36	
7	Sat	10:29	10.8	10:59	10.3	4:18	-0.5	4:51	-1.1	6:07	5:37	
8	Sun	11:20	10.8	11:45	10.6	5:11	-0.9	5:38	-1.1	6:06	5:38	
9	Mon			12:09	10.6	6:01	-1.1	6:23	-1.0	6:04	5:39	
10	Tue	12:31	10.8	12:58	10.2	6:51	-1.1	7:09	-0.6	6:02	5:41	
11	Wed	1:18	10.7	1:47	9.7	7:40	-0.9	7:55	-0.1	6:00	5:42	
12	Thu	2:05	10.3	2:39	9.1	8:32	-0.5	8:44	0.5	5:59	5:43	
13	Fri	2:55	9.9	3:33	8.4	9:25	0.0	9:37	1.1	5:57	5:44	
14	Sat	3:48	9.4	4:31	7.9	10:23	0.6	10:34	1.6	5:55	5:45	
15	Sun	4:47	8.9	5:35	7.5	11:25	1.0	11:37	2.0	5:53	5:47	
16	Mon	5:51	8.6	6:41	7.4			12:29	1.2	5:51	5:48	
17	Tue	6:56	8.4	7:42	7.4	12:41	2.1	1:29	1.2	5:50	5:49	
18	Wed	7:54	8.5	8:34	7.6	1:40	2.0	2:22	1.1	5:48	5:50	
19	Thu	8:45	8.6	9:19	7.9	2:32	1.8	3:09	1.0	5:46	5:51	
20	Fri	9:30	8.7	9:58	8.2	3:19	1.5	3:50	0.9	5:44	5:53	
21	Sat	10:09	8.8	10:31	8.5	4:01	1.2	4:27	0.8	5:43	5:54	
22	Sun	10:44	8.9	11:01	8.8	4:40	1.0	5:00	0.8	5:41	5:55	
23	Mon	11:18	8.9	11:31	9.1	5:15	0.7	5:31	0.8	5:39	5:56	
24	Tue	11:52	8.9			5:51	0.5	6:03	0.8	5:37	5:57	
25	Wed	12:03	9.3	12:28	8.9	6:26	0.3	6:36	0.9	5:35	5:59	
26	Thu	12:38	9.5	1:08	8.7	7:05	0.2	7:13	1.0	5:34	6:00	
27	Fri	1:19	9.6	1:52	8.6	7:48	0.1	7:55	1.1	5:32	6:01	
28	Sat	2:04	9.7	2:43	8.3	8:37	0.2	8:44	1.3	5:30	6:02	
29	Sun	2:56	9.6	3:39	8.1	9:34	0.4	9:41	1.5	5:28	6:03	
30	Mon	3:55	9.5	4:42	8.0	10:37	0.5	10:48	1.5	5:26	6:05	
31	Tue	5:00	9.4	5:52	8.1	11:45	0.4			5:25	6:06	