

Biddeford Pool, ME - Jul 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	10:29	8.2	10:36	9.8	4:18	-0.1	4:22	1.2	5:04	8:26	
2	Thu	11:19	8.1	11:22	9.7	5:09	0.0	5:10	1.3	5:04	8:25	
3	Fri			12:03	8.1	5:54	0.1	5:55	1.4	5:05	8:25	
4	Sat	12:04	9.6	12:43	8.0	6:36	0.2	6:36	1.5	5:05	8:25	
5	Sun	12:42	9.4	1:20	8.0	7:15	0.3	7:15	1.5	5:06	8:25	
6	Mon	1:19	9.3	1:57	8.0	7:52	0.4	7:54	1.6	5:07	8:24	
7	Tue	1:56	9.1	2:34	8.1	8:29	0.6	8:35	1.6	5:07	8:24	
8	Wed	2:36	8.9	3:12	8.1	9:07	0.7	9:18	1.6	5:08	8:24	
9	Thu	3:18	8.7	3:53	8.3	9:46	0.9	10:04	1.6	5:09	8:23	
10	Fri	4:03	8.4	4:35	8.4	10:27	1.1	10:54	1.6	5:10	8:23	
11	Sat	4:51	8.1	5:21	8.5	11:11	1.3	11:47	1.6	5:10	8:22	
12	Sun	5:43	7.8	6:10	8.6	11:59	1.6			5:11	8:22	
13	Mon	6:39	7.6	7:02	8.8	12:44	1.4	12:51	1.7	5:12	8:21	
14	Tue	7:39	7.6	7:56	9.0	1:41	1.2	1:44	1.7	5:13	8:21	
15	Wed	8:37	7.6	8:50	9.4	2:37	0.8	2:38	1.6	5:14	8:20	
16	Thu	9:34	7.9	9:43	9.9	3:31	0.4	3:31	1.4	5:15	8:19	
17	Fri	10:28	8.2	10:36	10.3	4:24	-0.1	4:24	1.0	5:15	8:19	
18	Sat	11:20	8.6	11:29	10.8	5:16	-0.5	5:18	0.6	5:16	8:18	
19	Sun			12:10	9.1	6:05	-0.9	6:10	0.2	5:17	8:17	
20	Mon	12:20	11.0	12:59	9.5	6:54	-1.2	7:03	-0.2	5:18	8:16	
21	Tue	1:12	11.1	1:50	9.9	7:43	-1.3	7:57	-0.4	5:19	8:15	
22	Wed	2:05	10.9	2:42	10.1	8:32	-1.2	8:54	-0.5	5:20	8:15	
23	Thu	3:01	10.5	3:35	10.3	9:23	-1.0	9:52	-0.4	5:21	8:14	
24	Fri	3:58	10.0	4:30	10.3	10:16	-0.5	10:52	-0.3	5:22	8:13	
25	Sat	4:58	9.4	5:27	10.1	11:11	0.0	11:55	-0.1	5:23	8:12	
26	Sun	6:01	8.8	6:27	9.9			12:10	0.5	5:24	8:11	
27	Mon	7:07	8.3	7:29	9.7	1:00	0.1	1:11	0.9	5:25	8:10	
28	Tue	8:14	8.1	8:30	9.6	2:03	0.2	2:12	1.2	5:26	8:09	
29	Wed	9:16	7.9	9:28	9.5	3:04	0.3	3:10	1.4	5:27	8:08	
30	Thu	10:12	7.9	10:20	9.4	4:00	0.3	4:04	1.4	5:28	8:06	
31	Fri	11:01	7.9	11:06	9.4	4:50	0.4	4:53	1.5	5:29	8:05	