

Biddeford Pool, ME - Nov 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:29	10.4	9:00	9.9	2:18	-0.3	2:53	-0.8	6:16	4:33	
2	Sun	9:21	10.9	9:55	10.1	3:11	-0.5	3:47	-1.3	6:17	4:32	
3	Mon	10:12	11.3	10:47	10.1	4:02	-0.6	4:39	-1.6	6:18	4:31	
4	Tue	11:01	11.4	11:37	10.0	4:52	-0.6	5:30	-1.7	6:20	4:29	
5	Wed	11:50	11.3			5:41	-0.5	6:20	-1.6	6:21	4:28	
6	Thu	12:28	9.8	12:39	11.0	6:31	-0.2	7:10	-1.2	6:22	4:27	
7	Fri	1:19	9.5	1:30	10.5	7:22	0.2	8:02	-0.8	6:24	4:26	
8	Sat	2:12	9.1	2:24	10.0	8:15	0.6	8:55	-0.3	6:25	4:24	
9	Sun	3:07	8.8	3:19	9.4	9:12	1.0	9:50	0.2	6:26	4:23	
10	Mon	4:03	8.5	4:17	8.9	10:11	1.3	10:46	0.6	6:28	4:22	
11	Tue	5:02	8.4	5:18	8.5	11:12	1.4	11:43	0.9	6:29	4:21	
12	Wed	6:00	8.4	6:19	8.3			12:13	1.4	6:30	4:20	
13	Thu	6:54	8.5	7:16	8.2	12:38	1.0	1:09	1.3	6:31	4:19	
14	Fri	7:44	8.6	8:08	8.2	1:29	1.1	2:00	1.1	6:33	4:18	
15	Sat	8:28	8.8	8:55	8.2	2:15	1.2	2:47	0.8	6:34	4:17	
16	Sun	9:08	9.0	9:37	8.2	2:58	1.2	3:31	0.6	6:35	4:16	
17	Mon	9:45	9.2	10:15	8.3	3:38	1.2	4:11	0.4	6:37	4:15	
18	Tue	10:20	9.4	10:51	8.3	4:16	1.2	4:49	0.3	6:38	4:14	
19	Wed	10:54	9.5	11:27	8.4	4:52	1.2	5:26	0.1	6:39	4:13	
20	Thu	11:29	9.7			5:28	1.2	6:04	0.0	6:40	4:13	
21	Fri	12:04	8.5	12:08	9.8	6:06	1.2	6:43	-0.1	6:42	4:12	
22	Sat	12:45	8.5	12:51	9.8	6:47	1.1	7:26	-0.1	6:43	4:11	
23	Sun	1:30	8.6	1:38	9.8	7:33	1.1	8:13	-0.1	6:44	4:10	
24	Mon	2:19	8.7	2:31	9.7	8:25	1.0	9:04	0.0	6:45	4:10	
25	Tue	3:13	8.9	3:28	9.5	9:23	1.0	9:59	0.0	6:46	4:09	
26	Wed	4:10	9.1	4:29	9.3	10:26	0.8	10:58	0.1	6:48	4:09	
27	Thu	5:10	9.4	5:35	9.2	11:33	0.5	11:59	0.1	6:49	4:08	
28	Fri	6:11	9.8	6:41	9.2			12:38	0.1	6:50	4:08	
29	Sat	7:12	10.2	7:45	9.3	12:58	0.0	1:39	-0.4	6:51	4:07	
30	Sun	8:09	10.6	8:45	9.4	1:55	0.0	2:38	-0.8	6:52	4:07	