

## Biddeford Pool, ME - Jan 1976

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Thu | 10:34 | 10.6 | 11:12 | 9.2  | 4:23  | 0.2  | 5:03  | -0.9 | 7:14                                                                                | 4:15 |    |
| 2    | Fri | 11:21 | 10.5 | 11:57 | 9.1  | 5:11  | 0.3  | 5:49  | -0.8 | 7:14                                                                                | 4:16 |    |
| 3    | Sat |       |      | 12:05 | 10.2 | 5:57  | 0.4  | 6:32  | -0.5 | 7:14                                                                                | 4:17 |    |
| 4    | Sun | 12:40 | 9.0  | 12:47 | 9.9  | 6:42  | 0.6  | 7:14  | -0.3 | 7:14                                                                                | 4:18 |    |
| 5    | Mon | 1:22  | 8.9  | 1:29  | 9.5  | 7:26  | 0.8  | 7:56  | 0.1  | 7:14                                                                                | 4:19 |    |
| 6    | Tue | 2:04  | 8.8  | 2:13  | 9.1  | 8:12  | 1.0  | 8:38  | 0.4  | 7:14                                                                                | 4:20 |    |
| 7    | Wed | 2:47  | 8.7  | 2:58  | 8.7  | 8:59  | 1.2  | 9:22  | 0.7  | 7:14                                                                                | 4:21 |    |
| 8    | Thu | 3:31  | 8.6  | 3:47  | 8.3  | 9:49  | 1.3  | 10:09 | 1.1  | 7:13                                                                                | 4:22 |    |
| 9    | Fri | 4:19  | 8.6  | 4:39  | 8.0  | 10:43 | 1.5  | 10:59 | 1.4  | 7:13                                                                                | 4:23 |    |
| 10   | Sat | 5:09  | 8.5  | 5:36  | 7.7  | 11:40 | 1.5  | 11:52 | 1.6  | 7:13                                                                                | 4:24 |    |
| 11   | Sun | 6:03  | 8.6  | 6:35  | 7.6  |       |      | 12:37 | 1.4  | 7:13                                                                                | 4:25 |    |
| 12   | Mon | 6:56  | 8.7  | 7:32  | 7.6  | 12:45 | 1.7  | 1:31  | 1.2  | 7:12                                                                                | 4:26 |   |
| 13   | Tue | 7:47  | 8.9  | 8:24  | 7.7  | 1:36  | 1.7  | 2:21  | 0.9  | 7:12                                                                                | 4:27 |  |
| 14   | Wed | 8:34  | 9.2  | 9:12  | 8.0  | 2:25  | 1.5  | 3:09  | 0.6  | 7:11                                                                                | 4:28 |  |
| 15   | Thu | 9:20  | 9.6  | 9:56  | 8.3  | 3:12  | 1.3  | 3:54  | 0.2  | 7:11                                                                                | 4:29 |  |
| 16   | Fri | 10:03 | 9.9  | 10:39 | 8.7  | 3:57  | 1.0  | 4:37  | -0.2 | 7:10                                                                                | 4:31 |  |
| 17   | Sat | 10:47 | 10.3 | 11:21 | 9.2  | 4:41  | 0.6  | 5:19  | -0.6 | 7:10                                                                                | 4:32 |  |
| 18   | Sun | 11:31 | 10.6 |       |      | 5:26  | 0.3  | 6:01  | -0.9 | 7:09                                                                                | 4:33 |  |
| 19   | Mon | 12:04 | 9.6  | 12:17 | 10.7 | 6:12  | -0.1 | 6:45  | -1.0 | 7:09                                                                                | 4:34 |  |
| 20   | Tue | 12:50 | 9.9  | 1:06  | 10.6 | 7:01  | -0.3 | 7:32  | -1.0 | 7:08                                                                                | 4:36 |  |
| 21   | Wed | 1:39  | 10.2 | 1:58  | 10.4 | 7:54  | -0.4 | 8:21  | -0.9 | 7:07                                                                                | 4:37 |  |
| 22   | Thu | 2:31  | 10.3 | 2:54  | 10.0 | 8:50  | -0.4 | 9:14  | -0.6 | 7:07                                                                                | 4:38 |  |
| 23   | Fri | 3:26  | 10.4 | 3:54  | 9.6  | 9:51  | -0.3 | 10:12 | -0.2 | 7:06                                                                                | 4:39 |  |
| 24   | Sat | 4:25  | 10.3 | 4:59  | 9.1  | 10:55 | -0.2 | 11:13 | 0.1  | 7:05                                                                                | 4:41 |  |
| 25   | Sun | 5:29  | 10.2 | 6:08  | 8.8  |       |      | 12:02 | -0.1 | 7:04                                                                                | 4:42 |  |
| 26   | Mon | 6:35  | 10.1 | 7:17  | 8.7  | 12:18 | 0.4  | 1:08  | -0.2 | 7:03                                                                                | 4:43 |  |
| 27   | Tue | 7:39  | 10.1 | 8:21  | 8.7  | 1:21  | 0.5  | 2:10  | -0.3 | 7:03                                                                                | 4:45 |  |
| 28   | Wed | 8:39  | 10.2 | 9:19  | 8.8  | 2:22  | 0.5  | 3:08  | -0.4 | 7:02                                                                                | 4:46 |  |
| 29   | Thu | 9:34  | 10.2 | 10:11 | 8.9  | 3:18  | 0.5  | 4:00  | -0.4 | 7:01                                                                                | 4:47 |  |
| 30   | Fri | 10:23 | 10.1 | 10:57 | 9.0  | 4:10  | 0.5  | 4:47  | -0.4 | 7:00                                                                                | 4:49 |  |
| 31   | Sat | 11:07 | 10.0 | 11:38 | 9.0  | 4:57  | 0.5  | 5:30  | -0.3 | 6:59                                                                                | 4:50 |  |