

Biddeford Pool, ME - Jul 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:00	10.0	2:36	9.2	8:30	-0.4	8:45	0.5	5:04	8:26	
2	Fri	2:48	9.9	3:25	9.5	9:16	-0.4	9:38	0.4	5:05	8:25	
3	Sat	3:41	9.8	4:17	9.7	10:06	-0.3	10:36	0.3	5:05	8:25	
4	Sun	4:38	9.5	5:12	9.9	11:00	-0.1	11:37	0.2	5:06	8:25	
5	Mon	5:38	9.2	6:11	10.1	11:58	0.0			5:06	8:25	
6	Tue	6:43	9.0	7:13	10.2	12:42	0.0	12:59	0.2	5:07	8:24	
7	Wed	7:51	8.9	8:16	10.4	1:47	-0.2	2:00	0.2	5:08	8:24	
8	Thu	8:56	8.9	9:16	10.6	2:49	-0.5	3:00	0.2	5:09	8:23	
9	Fri	9:57	9.1	10:13	10.7	3:48	-0.7	3:58	0.2	5:09	8:23	
10	Sat	10:54	9.2	11:07	10.8	4:44	-0.9	4:54	0.1	5:10	8:23	
11	Sun	11:46	9.3	11:57	10.7	5:37	-1.0	5:46	0.1	5:11	8:22	
12	Mon			12:34	9.3	6:25	-1.0	6:36	0.1	5:12	8:21	
13	Tue	12:44	10.5	1:20	9.3	7:11	-0.8	7:23	0.2	5:12	8:21	
14	Wed	1:30	10.2	2:04	9.2	7:56	-0.6	8:09	0.4	5:13	8:20	
15	Thu	2:15	9.8	2:48	9.1	8:39	-0.2	8:56	0.6	5:14	8:20	
16	Fri	3:00	9.4	3:32	9.0	9:22	0.1	9:44	0.9	5:15	8:19	
17	Sat	3:46	8.9	4:17	8.9	10:07	0.5	10:34	1.1	5:16	8:18	
18	Sun	4:34	8.5	5:04	8.7	10:53	0.9	11:26	1.2	5:17	8:17	
19	Mon	5:25	8.1	5:53	8.6	11:42	1.3			5:18	8:17	
20	Tue	6:20	7.8	6:46	8.6	12:22	1.3	12:35	1.5	5:19	8:16	
21	Wed	7:19	7.6	7:40	8.6	1:19	1.3	1:29	1.7	5:20	8:15	
22	Thu	8:16	7.6	8:32	8.8	2:14	1.2	2:21	1.7	5:21	8:14	
23	Fri	9:10	7.6	9:21	9.0	3:06	1.0	3:10	1.6	5:22	8:13	
24	Sat	9:58	7.8	10:06	9.3	3:54	0.8	3:57	1.5	5:23	8:12	
25	Sun	10:42	8.1	10:49	9.6	4:39	0.5	4:42	1.2	5:24	8:11	
26	Mon	11:23	8.4	11:30	9.9	5:21	0.2	5:25	0.9	5:25	8:10	
27	Tue			12:03	8.8	6:02	-0.1	6:08	0.6	5:26	8:09	
28	Wed	12:12	10.1	12:43	9.3	6:42	-0.4	6:52	0.2	5:27	8:08	
29	Thu	12:55	10.3	1:26	9.6	7:23	-0.6	7:38	0.0	5:28	8:07	
30	Fri	1:41	10.3	2:12	10.0	8:06	-0.7	8:27	-0.2	5:29	8:06	
31	Sat	2:31	10.2	3:01	10.2	8:53	-0.7	9:20	-0.3	5:30	8:05	