

Biddeford Pool, ME - Sep 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:08	9.2	5:33	10.3	11:20	0.2			6:05	7:16	
2	Thu	6:16	8.9	6:41	10.0	12:07	-0.3	12:26	0.5	6:06	7:15	
3	Fri	7:26	8.7	7:49	9.9	1:15	-0.2	1:33	0.6	6:07	7:13	
4	Sat	8:32	8.8	8:53	9.9	2:19	-0.1	2:37	0.6	6:08	7:11	
5	Sun	9:32	8.9	9:51	9.9	3:19	-0.2	3:36	0.4	6:10	7:09	
6	Mon	10:25	9.1	10:43	9.8	4:13	-0.2	4:29	0.3	6:11	7:08	
7	Tue	11:12	9.2	11:28	9.7	5:01	-0.2	5:18	0.3	6:12	7:06	
8	Wed	11:53	9.3			5:44	0.0	6:01	0.2	6:13	7:04	
9	Thu	12:09	9.5	12:30	9.3	6:23	0.1	6:41	0.3	6:14	7:02	
10	Fri	12:46	9.3	1:03	9.2	6:59	0.4	7:18	0.4	6:15	7:00	
11	Sat	1:21	9.1	1:36	9.2	7:34	0.6	7:56	0.5	6:16	6:59	
12	Sun	1:57	8.8	2:11	9.1	8:10	0.8	8:34	0.6	6:17	6:57	
13	Mon	2:35	8.5	2:49	9.0	8:47	1.1	9:16	0.8	6:18	6:55	
14	Tue	3:16	8.3	3:31	8.8	9:28	1.4	10:02	1.0	6:20	6:53	
15	Wed	4:02	8.0	4:18	8.7	10:13	1.6	10:53	1.2	6:21	6:51	
16	Thu	4:53	7.8	5:10	8.5	11:04	1.9	11:49	1.3	6:22	6:49	
17	Fri	5:49	7.6	6:07	8.5			12:02	2.0	6:23	6:48	
18	Sat	6:49	7.6	7:07	8.6	12:48	1.3	1:02	1.9	6:24	6:46	
19	Sun	7:48	7.9	8:05	8.8	1:45	1.1	2:00	1.6	6:25	6:44	
20	Mon	8:43	8.3	9:00	9.2	2:38	0.8	2:54	1.1	6:26	6:42	
21	Tue	9:32	8.8	9:51	9.6	3:27	0.4	3:45	0.5	6:27	6:40	
22	Wed	10:19	9.5	10:40	10.1	4:14	0.0	4:34	-0.1	6:29	6:38	
23	Thu	11:04	10.1	11:28	10.4	5:00	-0.4	5:22	-0.7	6:30	6:37	
24	Fri	11:50	10.7			5:45	-0.7	6:11	-1.2	6:31	6:35	
25	Sat	12:16	10.6	12:36	11.1	6:31	-0.9	7:00	-1.5	6:32	6:33	
26	Sun	1:05	10.5	1:24	11.3	7:18	-0.9	7:51	-1.6	6:33	6:31	
27	Mon	1:57	10.4	2:16	11.2	8:08	-0.7	8:45	-1.4	6:34	6:29	
28	Tue	2:52	10.0	3:11	11.0	9:01	-0.4	9:42	-1.1	6:35	6:28	
29	Wed	3:51	9.6	4:11	10.6	10:00	0.0	10:44	-0.7	6:36	6:26	
30	Thu	4:53	9.2	5:15	10.1	11:03	0.4	11:48	-0.3	6:38	6:24	