

Biddeford Pool, ME - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:00	8.9	6:23	9.8			12:10	0.6	6:39	6:22	
2	Sat	7:09	8.8	7:32	9.5	12:55	-0.1	1:18	0.7	6:40	6:20	
3	Sun	8:14	8.9	8:36	9.4	1:58	0.0	2:22	0.6	6:41	6:19	
4	Mon	9:12	9.1	9:33	9.4	2:56	0.1	3:20	0.5	6:42	6:17	
5	Tue	10:02	9.2	10:24	9.3	3:48	0.2	4:12	0.4	6:43	6:15	
6	Wed	10:47	9.3	11:08	9.2	4:35	0.3	4:58	0.3	6:45	6:13	
7	Thu	11:26	9.3	11:47	9.0	5:17	0.4	5:39	0.3	6:46	6:12	
8	Fri			12:00	9.3	5:54	0.6	6:17	0.3	6:47	6:10	
9	Sat	12:23	8.9	12:32	9.3	6:29	0.8	6:53	0.3	6:48	6:08	
10	Sun	12:56	8.7	1:03	9.2	7:03	1.0	7:28	0.4	6:49	6:06	
11	Mon	1:29	8.5	1:36	9.2	7:37	1.2	8:05	0.5	6:51	6:05	
12	Tue	2:05	8.4	2:13	9.1	8:12	1.3	8:44	0.6	6:52	6:03	
13	Wed	2:45	8.2	2:54	8.9	8:52	1.5	9:28	0.8	6:53	6:01	
14	Thu	3:30	8.0	3:40	8.8	9:36	1.7	10:16	1.0	6:54	6:00	
15	Fri	4:19	7.9	4:31	8.7	10:27	1.9	11:09	1.1	6:55	5:58	
16	Sat	5:12	7.8	5:27	8.6	11:24	1.9			6:57	5:56	
17	Sun	6:10	8.0	6:27	8.6	12:06	1.1	12:25	1.7	6:58	5:55	
18	Mon	7:09	8.3	7:29	8.8	1:04	0.9	1:27	1.4	6:59	5:53	
19	Tue	8:06	8.8	8:27	9.2	1:59	0.6	2:24	0.8	7:00	5:51	
20	Wed	8:58	9.4	9:23	9.5	2:51	0.3	3:18	0.2	7:02	5:50	
21	Thu	9:48	10.1	10:16	9.9	3:41	-0.1	4:10	-0.5	7:03	5:48	
22	Fri	10:37	10.7	11:08	10.2	4:29	-0.4	5:02	-1.1	7:04	5:47	
23	Sat	11:25	11.2	11:58	10.4	5:18	-0.7	5:52	-1.6	7:05	5:45	
24	Sun			12:14	11.5	6:07	-0.8	6:43	-1.8	7:07	5:44	
25	Mon	12:49	10.4	1:04	11.6	6:57	-0.8	7:35	-1.9	7:08	5:42	
26	Tue	1:41	10.2	1:57	11.4	7:48	-0.6	8:28	-1.6	7:09	5:41	
27	Wed	2:37	9.9	2:52	11.0	8:43	-0.3	9:25	-1.2	7:10	5:39	
28	Thu	3:35	9.6	3:52	10.5	9:42	0.1	10:23	-0.8	7:12	5:38	
29	Fri	4:36	9.3	4:54	10.0	10:44	0.4	11:25	-0.3	7:13	5:36	
30	Sat	5:40	9.1	6:00	9.5	11:50	0.7			7:14	5:35	
31	Sun	5:45	9.0	6:07	9.1	12:28	0.0	11:56 AM	0.8	6:15	4:34	