

Biddeford Pool, ME - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:06	9.0	7:30	8.3	12:48	0.8	1:24	0.9	6:54	4:06	
2	Thu	7:54	9.1	8:24	8.2	1:42	1.0	2:18	0.7	6:55	4:06	
3	Fri	8:42	9.1	9:12	8.2	2:30	1.1	3:06	0.6	6:56	4:06	
4	Sat	9:24	9.2	9:54	8.2	3:12	1.2	3:48	0.5	6:57	4:05	
5	Sun	10:00	9.3	10:36	8.2	3:54	1.3	4:30	0.4	6:58	4:05	
6	Mon	10:36	9.3	11:06	8.2	4:30	1.4	5:06	0.3	6:59	4:05	
7	Tue	11:12	9.4	11:42	8.2	5:06	1.4	5:42	0.3	7:00	4:05	
8	Wed	11:42	9.4			5:42	1.4	6:18	0.2	7:01	4:05	
9	Thu	12:18	8.3	12:18	9.5	6:18	1.3	6:54	0.2	7:02	4:05	
10	Fri	12:54	8.4	1:00	9.5	7:00	1.3	7:36	0.2	7:03	4:05	
11	Sat	1:36	8.5	1:42	9.4	7:42	1.2	8:18	0.2	7:04	4:05	
12	Sun	2:24	8.7	2:36	9.3	8:30	1.2	9:06	0.2	7:05	4:05	
13	Mon	3:12	8.9	3:30	9.1	9:24	1.1	9:54	0.3	7:06	4:05	
14	Tue	4:06	9.1	4:24	9.0	10:24	0.9	10:48	0.4	7:06	4:05	
15	Wed	5:00	9.4	5:30	8.9	11:30	0.6	11:48	0.4	7:07	4:06	
16	Thu	6:00	9.7	6:30	8.9			12:30	0.2	7:08	4:06	
17	Fri	7:00	10.2	7:36	9.0	12:48	0.3	1:30	-0.3	7:08	4:06	
18	Sat	8:00	10.6	8:36	9.2	1:48	0.1	2:30	-0.7	7:09	4:07	
19	Sun	8:54	11.0	9:36	9.5	2:42	0.0	3:30	-1.2	7:10	4:07	
20	Mon	9:48	11.3	10:30	9.7	3:36	-0.2	4:24	-1.5	7:10	4:07	
21	Tue	10:42	11.4	11:24	9.8	4:30	-0.3	5:12	-1.6	7:11	4:08	
22	Wed	11:36	11.3			5:24	-0.4	6:06	-1.6	7:11	4:08	
23	Thu	12:12	9.8	12:24	11.1	6:18	-0.3	6:54	-1.4	7:12	4:09	
24	Fri	1:06	9.7	1:18	10.6	7:06	-0.1	7:42	-1.0	7:12	4:10	
25	Sat	1:54	9.6	2:06	10.1	8:00	0.2	8:30	-0.6	7:12	4:10	
26	Sun	2:48	9.4	3:00	9.5	8:54	0.5	9:24	-0.1	7:13	4:11	
27	Mon	3:36	9.2	3:54	8.9	9:48	0.8	10:12	0.4	7:13	4:12	
28	Tue	4:30	9.0	4:54	8.4	10:48	1.0	11:06	0.9	7:13	4:12	
29	Wed	5:24	8.9	5:48	8.1	11:48	1.1			7:13	4:13	
30	Thu	6:18	8.8	6:48	7.8	12:06	1.2	12:48	1.1	7:14	4:14	
31	Fri	7:12	8.8	7:48	7.8	12:54	1.4	1:42	1.0	7:14	4:15	