

Biddeford Pool, ME - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:18	8.7	3:33	8.8	9:33	1.3	9:58	0.7	7:14	4:15	
2	Mon	4:08	8.9	4:28	8.6	10:29	1.1	10:51	0.7	7:14	4:16	
3	Tue	5:02	9.1	5:28	8.5	11:30	0.9	11:48	0.7	7:14	4:17	
4	Wed	5:59	9.5	6:31	8.6			12:32	0.5	7:14	4:18	
5	Thu	6:58	9.9	7:34	8.8	12:46	0.6	1:33	0.0	7:14	4:19	
6	Fri	7:56	10.4	8:35	9.1	1:44	0.4	2:30	-0.5	7:14	4:20	
7	Sat	8:53	10.8	9:33	9.4	2:41	0.1	3:27	-1.0	7:13	4:21	
8	Sun	9:48	11.2	10:27	9.8	3:37	-0.2	4:21	-1.4	7:13	4:22	
9	Mon	10:42	11.5	11:20	10.1	4:32	-0.5	5:13	-1.7	7:13	4:23	
10	Tue	11:34	11.5			5:25	-0.7	6:04	-1.8	7:13	4:24	
11	Wed	12:12	10.2	12:26	11.4	6:18	-0.7	6:54	-1.7	7:12	4:25	
12	Thu	1:04	10.3	1:19	11.0	7:12	-0.6	7:45	-1.4	7:12	4:27	
13	Fri	1:56	10.2	2:14	10.5	8:07	-0.4	8:37	-1.0	7:12	4:28	
14	Sat	2:50	10.0	3:09	9.9	9:03	-0.1	9:30	-0.4	7:11	4:29	
15	Sun	3:44	9.8	4:06	9.2	10:01	0.2	10:24	0.1	7:11	4:30	
16	Mon	4:40	9.5	5:07	8.7	11:01	0.5	11:21	0.6	7:10	4:31	
17	Tue	5:38	9.3	6:09	8.3			12:03	0.7	7:10	4:32	
18	Wed	6:36	9.1	7:10	8.0	12:18	1.0	1:02	0.8	7:09	4:34	
19	Thu	7:32	9.1	8:07	7.9	1:14	1.2	1:58	0.8	7:08	4:35	
20	Fri	8:23	9.1	8:58	7.9	2:06	1.3	2:49	0.7	7:08	4:36	
21	Sat	9:09	9.1	9:44	8.0	2:55	1.4	3:35	0.6	7:07	4:38	
22	Sun	9:51	9.2	10:24	8.1	3:40	1.4	4:18	0.5	7:06	4:39	
23	Mon	10:29	9.3	11:00	8.2	4:21	1.3	4:56	0.4	7:06	4:40	
24	Tue	11:03	9.4	11:34	8.4	4:59	1.2	5:32	0.3	7:05	4:41	
25	Wed	11:37	9.4			5:36	1.1	6:06	0.2	7:04	4:43	
26	Thu	12:06	8.5	12:12	9.5	6:12	1.0	6:41	0.2	7:03	4:44	
27	Fri	12:41	8.7	12:50	9.5	6:50	0.9	7:17	0.2	7:02	4:45	
28	Sat	1:19	9.0	1:31	9.4	7:30	0.8	7:55	0.2	7:01	4:47	
29	Sun	2:00	9.1	2:16	9.3	8:15	0.7	8:37	0.3	7:00	4:48	
30	Mon	2:46	9.3	3:06	9.1	9:04	0.7	9:25	0.5	6:59	4:49	
31	Tue	3:35	9.4	4:01	8.8	10:00	0.6	10:18	0.6	6:58	4:51	