

## Biddeford Pool, ME - Jan 1979

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Mon | 12:25 | 10.0 | 12:39 | 11.4 | 6:32  | -0.5 | 7:10  | -1.7 | 7:14                                                                                | 4:15 |    |
| 2    | Tue | 1:18  | 10.2 | 1:34  | 11.1 | 7:27  | -0.5 | 8:03  | -1.5 | 7:14                                                                                | 4:16 |    |
| 3    | Wed | 2:14  | 10.2 | 2:31  | 10.7 | 8:24  | -0.4 | 8:58  | -1.2 | 7:14                                                                                | 4:17 |    |
| 4    | Thu | 3:11  | 10.2 | 3:31  | 10.2 | 9:25  | -0.2 | 9:55  | -0.8 | 7:14                                                                                | 4:18 |    |
| 5    | Fri | 4:10  | 10.1 | 4:34  | 9.6  | 10:28 | -0.1 | 10:54 | -0.3 | 7:14                                                                                | 4:19 |    |
| 6    | Sat | 5:11  | 10.0 | 5:40  | 9.2  | 11:33 | 0.1  | 11:55 | 0.1  | 7:14                                                                                | 4:20 |    |
| 7    | Sun | 6:14  | 9.9  | 6:46  | 8.8  |       |      | 12:38 | 0.1  | 7:13                                                                                | 4:21 |    |
| 8    | Mon | 7:14  | 9.8  | 7:49  | 8.6  | 12:55 | 0.4  | 1:39  | 0.1  | 7:13                                                                                | 4:22 |    |
| 9    | Tue | 8:10  | 9.8  | 8:46  | 8.5  | 1:52  | 0.6  | 2:36  | 0.1  | 7:13                                                                                | 4:23 |    |
| 10   | Wed | 9:02  | 9.7  | 9:38  | 8.4  | 2:45  | 0.8  | 3:27  | 0.1  | 7:13                                                                                | 4:24 |    |
| 11   | Thu | 9:48  | 9.7  | 10:23 | 8.4  | 3:34  | 0.9  | 4:14  | 0.1  | 7:12                                                                                | 4:25 |    |
| 12   | Fri | 10:30 | 9.6  | 11:04 | 8.4  | 4:19  | 1.1  | 4:56  | 0.1  | 7:12                                                                                | 4:26 |   |
| 13   | Sat | 11:07 | 9.5  | 11:39 | 8.3  | 5:00  | 1.1  | 5:34  | 0.2  | 7:12                                                                                | 4:27 |  |
| 14   | Sun | 11:41 | 9.4  |       |      | 5:37  | 1.2  | 6:10  | 0.2  | 7:11                                                                                | 4:29 |  |
| 15   | Mon | 12:13 | 8.3  | 12:15 | 9.3  | 6:14  | 1.2  | 6:45  | 0.3  | 7:11                                                                                | 4:30 |  |
| 16   | Tue | 12:47 | 8.4  | 12:50 | 9.2  | 6:51  | 1.2  | 7:20  | 0.4  | 7:10                                                                                | 4:31 |  |
| 17   | Wed | 1:22  | 8.4  | 1:28  | 9.1  | 7:30  | 1.3  | 7:58  | 0.5  | 7:10                                                                                | 4:32 |  |
| 18   | Thu | 2:01  | 8.5  | 2:10  | 8.9  | 8:11  | 1.3  | 8:37  | 0.7  | 7:09                                                                                | 4:33 |  |
| 19   | Fri | 2:42  | 8.6  | 2:55  | 8.7  | 8:56  | 1.3  | 9:19  | 0.9  | 7:09                                                                                | 4:35 |  |
| 20   | Sat | 3:27  | 8.7  | 3:44  | 8.4  | 9:46  | 1.3  | 10:06 | 1.0  | 7:08                                                                                | 4:36 |  |
| 21   | Sun | 4:15  | 8.7  | 4:38  | 8.2  | 10:41 | 1.3  | 10:58 | 1.2  | 7:07                                                                                | 4:37 |  |
| 22   | Mon | 5:07  | 8.9  | 5:36  | 8.1  | 11:40 | 1.1  | 11:53 | 1.2  | 7:07                                                                                | 4:38 |  |
| 23   | Tue | 6:04  | 9.1  | 6:38  | 8.2  |       |      | 12:40 | 0.8  | 7:06                                                                                | 4:40 |  |
| 24   | Wed | 7:01  | 9.5  | 7:39  | 8.4  | 12:51 | 1.1  | 1:38  | 0.4  | 7:05                                                                                | 4:41 |  |
| 25   | Thu | 7:58  | 10.0 | 8:38  | 8.8  | 1:47  | 0.9  | 2:34  | -0.2 | 7:04                                                                                | 4:42 |  |
| 26   | Fri | 8:54  | 10.5 | 9:33  | 9.2  | 2:43  | 0.5  | 3:28  | -0.7 | 7:03                                                                                | 4:44 |  |
| 27   | Sat | 9:48  | 11.0 | 10:26 | 9.7  | 3:38  | 0.1  | 4:21  | -1.2 | 7:02                                                                                | 4:45 |  |
| 28   | Sun | 10:41 | 11.3 | 11:17 | 10.1 | 4:32  | -0.4 | 5:12  | -1.6 | 7:01                                                                                | 4:46 |  |
| 29   | Mon | 11:33 | 11.5 |       |      | 5:25  | -0.7 | 6:01  | -1.8 | 7:00                                                                                | 4:48 |  |
| 30   | Tue | 12:08 | 10.4 | 12:25 | 11.4 | 6:17  | -1.0 | 6:51  | -1.8 | 6:59                                                                                | 4:49 |  |
| 31   | Wed | 1:00  | 10.6 | 1:18  | 11.2 | 7:11  | -1.0 | 7:42  | -1.5 | 6:58                                                                                | 4:50 |  |