

Biddeford Pool, ME - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:08	8.8	4:50	8.2	10:41	0.7	11:00	1.7	5:03	8:14	
2	Sat	4:59	8.5	5:41	8.1	11:31	1.0	11:56	1.8	5:02	8:15	
3	Sun	5:53	8.2	6:34	8.2			12:24	1.1	5:02	8:16	
4	Mon	6:50	8.1	7:26	8.4	12:53	1.7	1:16	1.2	5:02	8:17	
5	Tue	7:47	8.0	8:16	8.6	1:48	1.5	2:06	1.2	5:01	8:17	
6	Wed	8:40	8.1	9:02	8.9	2:40	1.2	2:53	1.2	5:01	8:18	
7	Thu	9:29	8.2	9:45	9.3	3:28	0.8	3:38	1.1	5:01	8:19	
8	Fri	10:16	8.4	10:27	9.7	4:14	0.4	4:21	0.9	5:00	8:19	
9	Sat	11:01	8.7	11:10	10.1	4:59	0.0	5:04	0.8	5:00	8:20	
10	Sun	11:45	8.9	11:53	10.5	5:43	-0.4	5:48	0.5	5:00	8:21	
11	Mon			12:30	9.2	6:27	-0.8	6:34	0.3	5:00	8:21	
12	Tue	12:39	10.7	1:17	9.4	7:13	-1.0	7:22	0.2	5:00	8:22	
13	Wed	1:27	10.8	2:07	9.6	8:01	-1.2	8:13	0.1	4:59	8:22	
14	Thu	2:19	10.8	3:01	9.7	8:53	-1.2	9:09	0.1	4:59	8:23	
15	Fri	3:15	10.6	3:58	9.7	9:47	-1.0	10:09	0.1	4:59	8:23	
16	Sat	4:14	10.3	4:57	9.8	10:44	-0.8	11:12	0.1	4:59	8:24	
17	Sun	5:17	9.9	5:58	9.9	11:44	-0.6			4:59	8:24	
18	Mon	6:23	9.6	7:01	10.0	12:18	0.1	12:45	-0.3	4:59	8:24	
19	Tue	7:30	9.3	8:03	10.1	1:24	0.0	1:45	-0.1	5:00	8:25	
20	Wed	8:35	9.2	9:00	10.2	2:26	-0.2	2:43	0.0	5:00	8:25	
21	Thu	9:35	9.1	9:54	10.3	3:25	-0.4	3:38	0.2	5:00	8:25	
22	Fri	10:30	9.0	10:44	10.2	4:20	-0.5	4:30	0.4	5:00	8:25	
23	Sat	11:20	8.9	11:30	10.1	5:11	-0.5	5:18	0.6	5:00	8:26	
24	Sun			12:06	8.8	5:57	-0.4	6:03	0.8	5:01	8:26	
25	Mon	12:12	10.0	12:47	8.6	6:40	-0.3	6:45	0.9	5:01	8:26	
26	Tue	12:51	9.7	1:27	8.5	7:20	-0.1	7:26	1.1	5:01	8:26	
27	Wed	1:29	9.5	2:05	8.4	7:59	0.1	8:06	1.3	5:02	8:26	
28	Thu	2:07	9.3	2:44	8.4	8:39	0.3	8:48	1.4	5:02	8:26	
29	Fri	2:48	9.1	3:25	8.3	9:19	0.5	9:33	1.5	5:03	8:26	
30	Sat	3:31	8.8	4:09	8.3	10:02	0.7	10:20	1.6	5:03	8:26	