

Biddeford Pool, ME - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:18	8.6	4:55	8.4	10:47	0.9	11:12	1.6	5:04	8:26	
2	Mon	5:08	8.3	5:43	8.4	11:35	1.1			5:04	8:25	
3	Tue	6:01	8.1	6:34	8.6	12:07	1.6	12:26	1.2	5:05	8:25	
4	Wed	6:58	8.0	7:26	8.8	1:03	1.4	1:17	1.3	5:05	8:25	
5	Thu	7:55	8.0	8:17	9.1	1:58	1.1	2:08	1.3	5:06	8:25	
6	Fri	8:49	8.1	9:06	9.5	2:50	0.8	2:57	1.1	5:07	8:24	
7	Sat	9:42	8.4	9:55	9.9	3:40	0.3	3:46	0.9	5:07	8:24	
8	Sun	10:32	8.7	10:43	10.4	4:30	-0.1	4:35	0.6	5:08	8:24	
9	Mon	11:21	9.1	11:32	10.8	5:18	-0.6	5:24	0.3	5:09	8:23	
10	Tue			12:09	9.5	6:06	-1.0	6:14	0.0	5:09	8:23	
11	Wed	12:21	11.1	12:59	9.8	6:54	-1.3	7:05	-0.3	5:10	8:22	
12	Thu	1:12	11.2	1:50	10.0	7:43	-1.5	7:58	-0.5	5:11	8:22	
13	Fri	2:05	11.1	2:43	10.2	8:34	-1.5	8:54	-0.5	5:12	8:21	
14	Sat	3:01	10.8	3:39	10.3	9:28	-1.3	9:53	-0.4	5:13	8:21	
15	Sun	3:59	10.4	4:36	10.3	10:23	-1.0	10:55	-0.3	5:14	8:20	
16	Mon	5:00	9.9	5:36	10.2	11:21	-0.6	11:59	-0.2	5:14	8:19	
17	Tue	6:05	9.4	6:38	10.1			12:21	-0.2	5:15	8:19	
18	Wed	7:11	9.0	7:40	10.0	1:04	-0.1	1:22	0.2	5:16	8:18	
19	Thu	8:17	8.8	8:40	10.0	2:07	-0.1	2:22	0.4	5:17	8:17	
20	Fri	9:18	8.7	9:36	9.9	3:07	-0.1	3:18	0.6	5:18	8:16	
21	Sat	10:13	8.6	10:26	9.8	4:02	-0.1	4:11	0.8	5:19	8:16	
22	Sun	11:03	8.5	11:12	9.7	4:52	-0.1	5:00	0.9	5:20	8:15	
23	Mon	11:47	8.5	11:53	9.6	5:38	0.0	5:44	1.0	5:21	8:14	
24	Tue			12:26	8.4	6:19	0.1	6:24	1.1	5:22	8:13	
25	Wed	12:30	9.5	1:02	8.4	6:56	0.2	7:02	1.1	5:23	8:12	
26	Thu	1:05	9.4	1:36	8.4	7:32	0.3	7:39	1.2	5:24	8:11	
27	Fri	1:40	9.2	2:10	8.5	8:08	0.4	8:18	1.2	5:25	8:10	
28	Sat	2:17	9.1	2:47	8.5	8:45	0.5	8:59	1.2	5:26	8:09	
29	Sun	2:57	8.9	3:27	8.6	9:23	0.7	9:42	1.3	5:27	8:08	
30	Mon	3:41	8.6	4:10	8.6	10:04	0.9	10:30	1.3	5:28	8:07	
31	Tue	4:28	8.4	4:57	8.7	10:49	1.1	11:22	1.3	5:29	8:05	