

Biddeford Pool, ME - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:08	10.4	10:45	9.0	3:55	0.4	4:36	-0.7	7:14	4:15	
2	Wed	10:54	10.3	11:30	8.9	4:43	0.5	5:22	-0.6	7:14	4:16	
3	Thu	11:36	10.1			5:28	0.7	6:04	-0.4	7:14	4:17	
4	Fri	12:12	8.7	12:15	9.8	6:10	0.8	6:45	-0.2	7:14	4:18	
5	Sat	12:51	8.6	12:55	9.6	6:52	1.0	7:25	0.1	7:14	4:19	
6	Sun	1:31	8.5	1:35	9.3	7:34	1.2	8:05	0.3	7:14	4:20	
7	Mon	2:12	8.4	2:18	8.9	8:18	1.3	8:47	0.6	7:14	4:21	
8	Tue	2:54	8.4	3:03	8.6	9:05	1.5	9:32	0.9	7:13	4:22	
9	Wed	3:39	8.4	3:52	8.3	9:55	1.6	10:19	1.1	7:13	4:23	
10	Thu	4:27	8.4	4:45	8.0	10:50	1.6	11:10	1.4	7:13	4:24	
11	Fri	5:18	8.4	5:42	7.8	11:47	1.6			7:13	4:25	
12	Sat	6:11	8.5	6:41	7.7	12:02	1.5	12:43	1.4	7:12	4:26	
13	Sun	7:03	8.8	7:37	7.8	12:54	1.5	1:37	1.1	7:12	4:27	
14	Mon	7:53	9.1	8:29	8.0	1:44	1.5	2:27	0.7	7:11	4:28	
15	Tue	8:41	9.5	9:18	8.3	2:33	1.3	3:16	0.2	7:11	4:29	
16	Wed	9:28	9.9	10:05	8.7	3:20	1.0	4:02	-0.2	7:10	4:31	
17	Thu	10:14	10.4	10:51	9.1	4:07	0.7	4:48	-0.7	7:10	4:32	
18	Fri	11:00	10.8	11:37	9.5	4:54	0.3	5:33	-1.0	7:09	4:33	
19	Sat	11:48	11.0			5:42	-0.1	6:20	-1.3	7:09	4:34	
20	Sun	12:24	9.8	12:38	11.1	6:32	-0.3	7:08	-1.4	7:08	4:36	
21	Mon	1:14	10.1	1:30	10.9	7:24	-0.4	7:58	-1.3	7:07	4:37	
22	Tue	2:07	10.2	2:26	10.6	8:20	-0.5	8:51	-1.0	7:07	4:38	
23	Wed	3:02	10.3	3:25	10.1	9:19	-0.4	9:47	-0.7	7:06	4:39	
24	Thu	4:00	10.2	4:27	9.6	10:22	-0.2	10:46	-0.2	7:05	4:41	
25	Fri	5:01	10.1	5:34	9.1	11:28	-0.1	11:48	0.1	7:04	4:42	
26	Sat	6:05	10.1	6:42	8.8			12:34	-0.1	7:03	4:43	
27	Sun	7:08	10.0	7:48	8.7	12:51	0.4	1:37	-0.1	7:03	4:45	
28	Mon	8:09	10.0	8:48	8.7	1:51	0.6	2:36	-0.2	7:02	4:46	
29	Tue	9:04	10.0	9:42	8.7	2:47	0.7	3:31	-0.2	7:01	4:47	
30	Wed	9:54	9.9	10:30	8.7	3:40	0.7	4:20	-0.2	7:00	4:49	
31	Thu	10:39	9.8	11:13	8.6	4:28	0.8	5:04	-0.1	6:59	4:50	