

Biddeford Pool, ME - Jan 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:07	11.4	5:58	-0.2	6:42	-1.7	7:14	4:15	
2	Sun	12:49	9.8	1:01	11.3	6:53	-0.2	7:35	-1.5	7:14	4:16	
3	Mon	1:44	9.8	1:58	10.9	7:49	-0.2	8:29	-1.2	7:14	4:17	
4	Tue	2:41	9.8	2:57	10.4	8:49	0.0	9:24	-0.8	7:14	4:18	
5	Wed	3:38	9.7	3:57	9.8	9:50	0.2	10:21	-0.4	7:14	4:19	
6	Thu	4:37	9.7	5:01	9.2	10:54	0.3	11:19	0.1	7:14	4:20	
7	Fri	5:37	9.6	6:06	8.7	11:59	0.4			7:13	4:21	
8	Sat	6:37	9.5	7:09	8.4	12:18	0.5	1:01	0.4	7:13	4:22	
9	Sun	7:33	9.5	8:09	8.2	1:15	0.8	1:59	0.4	7:13	4:23	
10	Mon	8:25	9.4	9:03	8.1	2:08	1.1	2:52	0.4	7:13	4:24	
11	Tue	9:13	9.4	9:51	8.1	2:58	1.3	3:41	0.3	7:12	4:25	
12	Wed	9:56	9.4	10:34	8.0	3:44	1.4	4:25	0.3	7:12	4:26	
13	Thu	10:35	9.3	11:11	8.0	4:26	1.5	5:05	0.4	7:12	4:27	
14	Fri	11:10	9.3	11:46	8.0	5:05	1.5	5:42	0.4	7:11	4:29	
15	Sat	11:44	9.3			5:41	1.5	6:17	0.4	7:11	4:30	
16	Sun	12:19	8.0	12:19	9.3	6:17	1.5	6:52	0.4	7:10	4:31	
17	Mon	12:53	8.1	12:55	9.2	6:54	1.5	7:28	0.5	7:10	4:32	
18	Tue	1:30	8.2	1:35	9.1	7:34	1.4	8:05	0.6	7:09	4:33	
19	Wed	2:09	8.4	2:18	8.9	8:16	1.4	8:45	0.7	7:09	4:35	
20	Thu	2:52	8.5	3:05	8.7	9:04	1.4	9:28	0.8	7:08	4:36	
21	Fri	3:37	8.7	3:56	8.5	9:56	1.3	10:16	1.0	7:07	4:37	
22	Sat	4:27	8.8	4:52	8.3	10:53	1.2	11:09	1.1	7:06	4:39	
23	Sun	5:21	9.1	5:53	8.2	11:55	0.9			7:06	4:40	
24	Mon	6:19	9.4	6:57	8.2	12:07	1.2	12:56	0.5	7:05	4:41	
25	Tue	7:18	9.8	8:00	8.4	1:05	1.1	1:56	0.0	7:04	4:42	
26	Wed	8:16	10.3	9:00	8.7	2:04	0.8	2:54	-0.5	7:03	4:44	
27	Thu	9:13	10.7	9:57	9.1	3:01	0.5	3:50	-1.0	7:02	4:45	
28	Fri	10:09	11.1	10:50	9.5	3:57	0.1	4:44	-1.3	7:01	4:46	
29	Sat	11:03	11.4	11:42	9.9	4:52	-0.2	5:35	-1.6	7:00	4:48	
30	Sun	11:55	11.4			5:46	-0.5	6:25	-1.6	6:59	4:49	
31	Mon	12:33	10.1	12:48	11.2	6:39	-0.6	7:15	-1.5	6:58	4:50	