

































Biddeford Pool, ME - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:27	8.3	5:55	7.5	11:58	1.6			7:14	4:16	
2	Mon	6:18	8.4	6:53	7.4	12:07	1.8	12:53	1.4	7:14	4:16	
3	Tue	7:09	8.6	7:49	7.4	12:58	1.9	1:46	1.2	7:14	4:17	
4	Wed	7:58	8.9	8:40	7.5	1:48	1.9	2:36	0.9	7:14	4:18	
5	Thu	8:45	9.2	9:28	7.8	2:35	1.8	3:24	0.5	7:14	4:19	
6	Fri	9:31	9.6	10:13	8.1	3:22	1.6	4:10	0.1	7:14	4:20	
7	Sat	10:16	10.0	10:56	8.4	4:07	1.3	4:54	-0.2	7:13	4:21	
8	Sun	11:01	10.4	11:40	8.8	4:53	0.9	5:37	-0.6	7:13	4:22	
9	Mon	11:47	10.6			5:39	0.6	6:21	-0.8	7:13	4:24	
10	Tue	12:25	9.2	12:35	10.7	6:28	0.3	7:06	-0.9	7:13	4:25	
11	Wed	1:13	9.5	1:26	10.5	7:19	0.0	7:54	-0.9	7:12	4:26	
12	Thu	2:03	9.8	2:20	10.2	8:14	-0.1	8:44	-0.7	7:12	4:27	
13	Fri	2:55	10.0	3:17	9.8	9:13	-0.1	9:37	-0.3	7:11	4:28	
14	Sat	3:50	10.1	4:18	9.2	10:14	0.0	10:34	0.1	7:11	4:29	
15	Sun	4:49	10.1	5:24	8.7	11:20	0.0	11:35	0.5	7:11	4:30	
16	Mon	5:51	10.0	6:33	8.4			12:27	0.0	7:10	4:32	
17	Tue	6:55	10.0	7:41	8.2	12:38	0.8	1:31	0.0	7:09	4:33	
18	Wed	7:58	10.0	8:44	8.2	1:39	1.0	2:33	-0.1	7:09	4:34	
19	Thu	8:56	10.0	9:41	8.3	2:39	1.0	3:29	-0.1	7:08	4:35	
20	Fri	9:49	9.9	10:31	8.3	3:34	1.1	4:21	-0.2	7:08	4:37	
21	Sat	10:37	9.9	11:16	8.4	4:25	1.0	5:07	-0.1	7:07	4:38	
22	Sun	11:20	9.7	11:55	8.4	5:10	1.0	5:48	0.0	7:06	4:39	
23	Mon	11:59	9.6			5:52	1.1	6:26	0.1	7:05	4:41	
24	Tue	12:32	8.4	12:36	9.3	6:32	1.1	7:02	0.3	7:04	4:42	
25	Wed	1:07	8.5	1:13	9.1	7:11	1.1	7:38	0.5	7:04	4:43	
26	Thu	1:43	8.5	1:52	8.8	7:52	1.2	8:15	0.8	7:03	4:44	
27	Fri	2:20	8.6	2:34	8.5	8:35	1.3	8:53	1.1	7:02	4:46	
28	Sat	3:00	8.6	3:19	8.1	9:21	1.4	9:35	1.4	7:01	4:47	
29	Sun	3:43	8.5	4:08	7.7	10:11	1.5	10:21	1.7	7:00	4:48	
30	Mon	4:31	8.5	5:03	7.4	11:07	1.5	11:13	2.0	6:59	4:50	
31	Tue	5:24	8.5	6:03	7.2			12:06	1.5	6:58	4:51	