

































Biddeford Pool, ME - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:39	8.6	5:22	7.3	11:23	1.4	11:27	2.2	6:17	5:30	
2	Thu	5:39	8.6	6:27	7.3			12:26	1.3	6:15	5:31	
3	Fri	6:42	8.9	7:30	7.6	12:31	2.0	1:27	0.9	6:13	5:32	
4	Sat	7:43	9.3	8:27	8.1	1:32	1.7	2:22	0.5	6:12	5:34	
5	Sun	8:40	9.7	9:18	8.8	2:29	1.1	3:13	0.0	6:10	5:35	
6	Mon	9:33	10.2	10:06	9.5	3:23	0.5	4:01	-0.5	6:08	5:36	
7	Tue	10:24	10.6	10:53	10.2	4:15	-0.2	4:47	-0.9	6:07	5:37	
8	Wed	11:14	10.8	11:38	10.7	5:06	-0.8	5:32	-1.1	6:05	5:39	
9	Thu			12:03	10.8	5:56	-1.2	6:18	-1.1	6:03	5:40	
10	Fri	12:25	11.1	12:54	10.5	6:47	-1.4	7:05	-0.9	6:01	5:41	
11	Sat	1:14	11.1	1:46	10.0	7:39	-1.3	7:55	-0.5	6:00	5:42	
12	Sun	2:06	10.9	2:42	9.5	8:35	-1.0	8:49	0.1	5:58	5:43	
13	Mon	3:01	10.5	3:42	8.9	9:34	-0.5	9:47	0.6	5:56	5:45	
14	Tue	4:01	10.0	4:47	8.3	10:38	0.0	10:52	1.1	5:54	5:46	
15	Wed	5:07	9.5	5:58	8.0	11:45	0.4			5:53	5:47	
16	Thu	6:17	9.2	7:07	7.9	12:00	1.4	12:53	0.6	5:51	5:48	
17	Fri	7:25	9.1	8:09	8.1	1:08	1.5	1:54	0.6	5:49	5:50	
18	Sat	8:25	9.1	9:02	8.2	2:09	1.4	2:49	0.6	5:47	5:51	
19	Sun	9:17	9.1	9:48	8.4	3:03	1.2	3:37	0.6	5:45	5:52	
20	Mon	10:01	9.0	10:26	8.6	3:50	1.0	4:18	0.6	5:44	5:53	
21	Tue	10:40	9.0	10:59	8.8	4:32	0.9	4:54	0.7	5:42	5:54	
22	Wed	11:15	8.9	11:29	8.9	5:09	0.7	5:26	0.8	5:40	5:56	
23	Thu	11:47	8.7	11:57	9.0	5:44	0.6	5:57	0.9	5:38	5:57	
24	Fri			12:19	8.6	6:18	0.6	6:28	1.1	5:36	5:58	
25	Sat	12:27	9.0	12:53	8.4	6:52	0.6	7:00	1.3	5:35	5:59	
26	Sun	1:01	9.1	1:30	8.3	7:29	0.6	7:35	1.5	5:33	6:00	
27	Mon	1:39	9.0	2:12	8.0	8:10	0.7	8:14	1.7	5:31	6:01	
28	Tue	2:21	9.0	2:59	7.8	8:55	0.9	8:59	1.9	5:29	6:03	
29	Wed	3:10	8.9	3:51	7.6	9:48	1.1	9:53	2.0	5:27	6:04	
30	Thu	4:05	8.8	4:51	7.5	10:48	1.1	10:55	2.0	5:26	6:05	
31	Fri	5:06	8.8	5:55	7.6	11:52	1.0			5:24	6:06	