

































Biddeford Pool, ME - Jul 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:19	8.6	10:30	10.6	4:10	-0.6	4:15	0.6	5:04	8:26	
2	Sun	11:14	8.7	11:23	10.6	5:05	-0.7	5:09	0.6	5:05	8:25	
3	Mon			12:06	8.7	5:57	-0.7	6:01	0.7	5:05	8:25	
4	Tue	12:12	10.4	12:53	8.7	6:45	-0.6	6:50	0.7	5:06	8:25	
5	Wed	12:59	10.2	1:39	8.7	7:31	-0.5	7:37	0.9	5:06	8:25	
6	Thu	1:44	9.9	2:23	8.6	8:14	-0.2	8:23	1.0	5:07	8:24	
7	Fri	2:29	9.5	3:07	8.6	8:57	0.1	9:10	1.2	5:08	8:24	
8	Sat	3:14	9.1	3:50	8.5	9:40	0.4	9:59	1.3	5:08	8:24	
9	Sun	4:00	8.7	4:34	8.5	10:23	0.8	10:49	1.4	5:09	8:23	
10	Mon	4:49	8.2	5:20	8.5	11:09	1.2	11:42	1.5	5:10	8:23	
11	Tue	5:41	7.9	6:09	8.4	11:57	1.5			5:11	8:22	
12	Wed	6:37	7.5	7:00	8.5	12:39	1.5	12:49	1.8	5:12	8:22	
13	Thu	7:35	7.4	7:52	8.5	1:35	1.4	1:41	2.0	5:12	8:21	
14	Fri	8:32	7.3	8:43	8.7	2:29	1.3	2:32	2.0	5:13	8:20	
15	Sat	9:25	7.4	9:31	8.9	3:21	1.1	3:20	2.0	5:14	8:20	
16	Sun	10:14	7.5	10:17	9.2	4:09	0.8	4:07	1.8	5:15	8:19	
17	Mon	10:59	7.8	11:01	9.6	4:55	0.5	4:53	1.6	5:16	8:18	
18	Tue	11:41	8.1	11:44	9.9	5:38	0.2	5:37	1.3	5:17	8:18	
19	Wed			12:22	8.5	6:20	-0.1	6:21	0.9	5:18	8:17	
20	Thu	12:27	10.2	1:04	8.9	7:01	-0.4	7:07	0.5	5:19	8:16	
21	Fri	1:12	10.3	1:48	9.3	7:43	-0.6	7:55	0.2	5:20	8:15	
22	Sat	2:00	10.3	2:35	9.7	8:28	-0.7	8:46	0.0	5:21	8:14	
23	Sun	2:51	10.1	3:25	10.0	9:14	-0.6	9:42	-0.1	5:22	8:13	
24	Mon	3:46	9.8	4:17	10.1	10:05	-0.3	10:40	-0.1	5:22	8:12	
25	Tue	4:44	9.3	5:13	10.2	10:59	0.0	11:43	-0.1	5:23	8:11	
26	Wed	5:46	8.9	6:13	10.1	11:58	0.4			5:25	8:10	
27	Thu	6:54	8.5	7:17	10.1	12:49	0.0	1:01	0.7	5:26	8:09	
28	Fri	8:03	8.3	8:22	10.1	1:55	-0.1	2:04	0.9	5:27	8:08	
29	Sat	9:09	8.3	9:24	10.1	2:59	-0.2	3:06	0.9	5:28	8:07	
30	Sun	10:10	8.4	10:21	10.1	3:58	-0.2	4:05	0.9	5:29	8:06	
31	Mon	11:04	8.5	11:13	10.1	4:53	-0.3	4:59	0.8	5:30	8:05	