
































Biddeford Pool, ME - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:26	8.8	7:04	9.0	12:19	0.9	12:46	0.5	5:03	8:15	
2	Sat	7:28	8.4	7:59	9.0	1:21	0.9	1:41	0.8	5:02	8:15	
3	Sun	8:27	8.2	8:49	9.1	2:19	0.9	2:32	1.1	5:02	8:16	
4	Mon	9:21	8.0	9:35	9.1	3:12	0.8	3:20	1.3	5:01	8:17	
5	Tue	10:10	7.9	10:17	9.1	4:01	0.7	4:05	1.5	5:01	8:18	
6	Wed	10:54	7.9	10:56	9.1	4:45	0.6	4:47	1.6	5:01	8:18	
7	Thu	11:34	7.8	11:32	9.1	5:27	0.5	5:26	1.7	5:00	8:19	
8	Fri			12:10	7.8	6:05	0.5	6:04	1.7	5:00	8:20	
9	Sat	12:07	9.2	12:45	7.8	6:42	0.5	6:40	1.7	5:00	8:20	
10	Sun	12:42	9.2	1:20	7.9	7:19	0.4	7:17	1.7	5:00	8:21	
11	Mon	1:18	9.3	1:58	8.0	7:57	0.4	7:56	1.7	5:00	8:21	
12	Tue	1:58	9.3	2:39	8.1	8:36	0.4	8:39	1.6	5:00	8:22	
13	Wed	2:42	9.2	3:23	8.3	9:17	0.4	9:26	1.5	4:59	8:22	
14	Thu	3:30	9.1	4:10	8.5	10:01	0.4	10:18	1.4	4:59	8:23	
15	Fri	4:21	9.0	5:00	8.8	10:49	0.5	11:16	1.2	4:59	8:23	
16	Sat	5:16	8.8	5:52	9.1	11:40	0.6			4:59	8:24	
17	Sun	6:16	8.7	6:48	9.5	12:17	0.9	12:35	0.6	4:59	8:24	
18	Mon	7:19	8.6	7:45	9.9	1:19	0.5	1:32	0.6	5:00	8:24	
19	Tue	8:22	8.6	8:42	10.3	2:20	0.0	2:29	0.6	5:00	8:25	
20	Wed	9:24	8.8	9:39	10.7	3:19	-0.5	3:25	0.5	5:00	8:25	
21	Thu	10:23	8.9	10:35	11.0	4:16	-0.9	4:22	0.3	5:00	8:25	
22	Fri	11:20	9.1	11:30	11.2	5:12	-1.2	5:18	0.2	5:00	8:25	
23	Sat			12:14	9.3	6:06	-1.3	6:12	0.1	5:01	8:26	
24	Sun	12:23	11.2	1:06	9.4	6:58	-1.4	7:06	0.1	5:01	8:26	
25	Mon	1:16	11.0	1:58	9.4	7:49	-1.2	8:00	0.1	5:01	8:26	
26	Tue	2:09	10.6	2:51	9.4	8:40	-0.9	8:54	0.3	5:02	8:26	
27	Wed	3:03	10.2	3:43	9.3	9:30	-0.6	9:50	0.5	5:02	8:26	
28	Thu	3:57	9.6	4:35	9.2	10:20	-0.1	10:47	0.8	5:02	8:26	
29	Fri	4:52	9.0	5:27	9.1	11:12	0.4	11:45	0.9	5:03	8:26	
30	Sat	5:48	8.5	6:20	8.9			12:04	0.8	5:03	8:26	