

































Biddeford Pool, ME - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:03	7.3	8:16	8.6	1:57	1.3	2:02	2.0	5:31	8:04	
2	Thu	8:59	7.3	9:08	8.7	2:52	1.2	2:55	2.0	5:32	8:03	
3	Fri	9:51	7.4	9:56	8.9	3:43	1.1	3:44	1.9	5:33	8:01	
4	Sat	10:36	7.6	10:39	9.1	4:29	0.8	4:29	1.7	5:34	8:00	
5	Sun	11:16	7.9	11:18	9.3	5:12	0.6	5:12	1.5	5:35	7:59	
6	Mon	11:52	8.2	11:56	9.6	5:50	0.4	5:52	1.2	5:36	7:58	
7	Tue			12:27	8.6	6:26	0.2	6:31	0.9	5:37	7:56	
8	Wed	12:35	9.7	1:04	9.0	7:02	0.0	7:12	0.5	5:38	7:55	
9	Thu	1:15	9.8	1:42	9.4	7:39	-0.1	7:55	0.3	5:39	7:54	
10	Fri	1:58	9.7	2:25	9.7	8:18	-0.1	8:42	0.1	5:40	7:52	
11	Sat	2:45	9.6	3:11	9.9	9:02	0.0	9:33	0.0	5:41	7:51	
12	Sun	3:37	9.3	4:02	10.0	9:50	0.2	10:30	0.0	5:43	7:49	
13	Mon	4:33	8.9	4:57	10.0	10:43	0.5	11:32	0.1	5:44	7:48	
14	Tue	5:35	8.5	5:58	10.0	11:43	0.8			5:45	7:46	
15	Wed	6:43	8.3	7:05	9.9	12:39	0.1	12:50	1.0	5:46	7:45	
16	Thu	7:54	8.2	8:13	10.0	1:47	0.0	1:57	0.9	5:47	7:43	
17	Fri	9:01	8.4	9:18	10.2	2:52	-0.2	3:01	0.8	5:48	7:42	
18	Sat	10:02	8.7	10:18	10.4	3:52	-0.4	4:02	0.5	5:49	7:40	
19	Sun	10:57	9.0	11:11	10.4	4:47	-0.6	4:58	0.3	5:50	7:39	
20	Mon	11:46	9.3			5:37	-0.7	5:49	0.1	5:51	7:37	
21	Tue	12:00	10.3	12:30	9.5	6:22	-0.6	6:37	0.0	5:53	7:36	
22	Wed	12:45	10.1	1:12	9.6	7:05	-0.4	7:22	0.0	5:54	7:34	
23	Thu	1:28	9.8	1:52	9.5	7:45	-0.1	8:06	0.2	5:55	7:32	
24	Fri	2:11	9.3	2:31	9.4	8:25	0.3	8:50	0.4	5:56	7:31	
25	Sat	2:53	8.9	3:12	9.2	9:05	0.7	9:35	0.7	5:57	7:29	
26	Sun	3:38	8.4	3:55	8.9	9:48	1.2	10:23	1.0	5:58	7:27	
27	Mon	4:25	7.9	4:42	8.7	10:34	1.6	11:16	1.2	5:59	7:26	
28	Tue	5:17	7.5	5:34	8.4	11:25	2.0			6:00	7:24	
29	Wed	6:16	7.3	6:33	8.3	12:14	1.5	12:23	2.2	6:01	7:22	
30	Thu	7:19	7.1	7:33	8.3	1:15	1.5	1:23	2.2	6:03	7:21	
31	Fri	8:20	7.2	8:31	8.5	2:13	1.4	2:20	2.1	6:04	7:19	