
































Biddeford Pool, ME - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:13	7.5	9:22	8.8	3:06	1.2	3:12	1.9	6:05	7:17	
2	Sun	9:59	7.8	10:08	9.1	3:53	0.9	3:59	1.5	6:06	7:15	
3	Mon	10:40	8.3	10:50	9.4	4:36	0.6	4:43	1.1	6:07	7:14	
4	Tue	11:18	8.8	11:30	9.6	5:15	0.3	5:25	0.6	6:08	7:12	
5	Wed	11:54	9.3			5:52	0.0	6:07	0.2	6:09	7:10	
6	Thu	12:11	9.8	12:32	9.8	6:30	-0.1	6:49	-0.3	6:10	7:08	
7	Fri	12:53	9.9	1:13	10.2	7:09	-0.2	7:34	-0.5	6:11	7:06	
8	Sat	1:38	9.8	1:57	10.4	7:50	-0.2	8:22	-0.7	6:13	7:05	
9	Sun	2:26	9.6	2:45	10.5	8:36	0.0	9:15	-0.6	6:14	7:03	
10	Mon	3:20	9.3	3:39	10.4	9:27	0.3	10:12	-0.4	6:15	7:01	
11	Tue	4:18	8.9	4:38	10.2	10:24	0.6	11:16	-0.1	6:16	6:59	
12	Wed	5:22	8.5	5:43	9.9	11:29	0.9			6:17	6:57	
13	Thu	6:33	8.3	6:54	9.8	12:25	0.0	12:39	1.1	6:18	6:56	
14	Fri	7:45	8.4	8:05	9.7	1:34	0.1	1:50	1.0	6:19	6:54	
15	Sat	8:51	8.6	9:10	9.8	2:38	0.0	2:54	0.7	6:20	6:52	
16	Sun	9:49	9.0	10:08	9.9	3:36	-0.2	3:54	0.4	6:21	6:50	
17	Mon	10:41	9.3	10:59	9.9	4:29	-0.3	4:47	0.2	6:22	6:48	
18	Tue	11:26	9.5	11:45	9.7	5:16	-0.2	5:35	0.0	6:24	6:47	
19	Wed			12:06	9.6	5:58	-0.1	6:19	-0.1	6:25	6:45	
20	Thu	12:26	9.5	12:43	9.6	6:37	0.2	7:00	0.0	6:26	6:43	
21	Fri	1:05	9.2	1:18	9.5	7:14	0.5	7:39	0.1	6:27	6:41	
22	Sat	1:43	8.8	1:53	9.3	7:50	0.8	8:18	0.4	6:28	6:39	
23	Sun	2:21	8.5	2:30	9.1	8:27	1.2	9:00	0.6	6:29	6:37	
24	Mon	3:02	8.1	3:11	8.9	9:07	1.6	9:45	0.9	6:30	6:36	
25	Tue	3:47	7.8	3:57	8.6	9:52	1.9	10:35	1.2	6:31	6:34	
26	Wed	4:37	7.5	4:49	8.4	10:43	2.2	11:31	1.4	6:33	6:32	
27	Thu	5:34	7.3	5:47	8.2	11:40	2.3			6:34	6:30	
28	Fri	6:35	7.2	6:48	8.2	12:32	1.5	12:43	2.3	6:35	6:28	
29	Sat	7:37	7.4	7:49	8.4	1:31	1.4	1:43	2.1	6:36	6:26	
30	Sun	8:31	7.7	8:43	8.6	2:24	1.2	2:37	1.7	6:37	6:25	