

































Biddeford Pool, ME - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:25	10.9	10:06	9.3	3:14	0.3	4:00	-1.1	6:54	4:06	
2	Sun	10:16	11.3	10:58	9.4	4:05	0.1	4:52	-1.5	6:55	4:06	
3	Mon	11:08	11.5	11:50	9.5	4:57	0.0	5:44	-1.6	6:56	4:06	
4	Tue			12:00	11.4	5:50	-0.1	6:36	-1.6	6:57	4:05	
5	Wed	12:44	9.5	12:55	11.2	6:45	-0.1	7:30	-1.4	6:58	4:05	
6	Thu	1:39	9.5	1:52	10.7	7:42	0.1	8:25	-1.0	6:59	4:05	
7	Fri	2:37	9.4	2:51	10.2	8:42	0.3	9:21	-0.6	7:00	4:05	
8	Sat	3:36	9.3	3:53	9.6	9:45	0.5	10:19	-0.1	7:01	4:05	
9	Sun	4:35	9.2	4:56	9.0	10:49	0.7	11:17	0.3	7:02	4:05	
10	Mon	5:35	9.2	6:01	8.6	11:54	0.7			7:03	4:05	
11	Tue	6:33	9.2	7:03	8.3	12:15	0.7	12:55	0.7	7:04	4:05	
12	Wed	7:28	9.2	8:01	8.1	1:10	1.0	1:52	0.6	7:04	4:05	
13	Thu	8:17	9.2	8:54	8.0	2:01	1.2	2:44	0.5	7:05	4:05	
14	Fri	9:03	9.2	9:41	7.9	2:49	1.4	3:31	0.5	7:06	4:05	
15	Sat	9:45	9.2	10:23	7.9	3:33	1.6	4:14	0.5	7:07	4:05	
16	Sun	10:22	9.2	11:01	7.8	4:15	1.6	4:54	0.4	7:07	4:06	
17	Mon	10:58	9.2	11:36	7.8	4:53	1.7	5:32	0.4	7:08	4:06	
18	Tue	11:32	9.2			5:29	1.7	6:08	0.4	7:09	4:06	
19	Wed	12:10	7.9	12:07	9.2	6:05	1.7	6:43	0.5	7:09	4:07	
20	Thu	12:45	7.9	12:44	9.2	6:43	1.7	7:20	0.5	7:10	4:07	
21	Fri	1:23	8.1	1:25	9.1	7:23	1.6	7:59	0.5	7:10	4:08	
22	Sat	2:04	8.2	2:09	9.0	8:07	1.6	8:40	0.6	7:11	4:08	
23	Sun	2:47	8.4	2:57	8.8	8:55	1.5	9:24	0.7	7:11	4:09	
24	Mon	3:34	8.6	3:49	8.6	9:49	1.3	10:12	0.8	7:12	4:09	
25	Tue	4:24	8.9	4:46	8.4	10:47	1.1	11:04	0.9	7:12	4:10	
26	Wed	5:17	9.2	5:47	8.3	11:49	0.8			7:13	4:11	
27	Thu	6:14	9.6	6:51	8.3	12:01	0.9	12:50	0.4	7:13	4:11	
28	Fri	7:12	10.0	7:53	8.5	12:58	0.9	1:50	-0.1	7:13	4:12	
29	Sat	8:09	10.5	8:53	8.7	1:55	0.7	2:48	-0.6	7:13	4:13	
30	Sun	9:06	10.9	9:51	9.0	2:52	0.5	3:44	-1.0	7:13	4:13	
31	Mon	10:02	11.2	10:46	9.4	3:49	0.2	4:39	-1.3	7:14	4:14	