

































## Biddeford Pool, ME - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:35	8.5	8:16	7.6	1:23	1.9	2:06	1.1	6:16	5:30	
2	Thu	8:27	8.7	9:05	7.8	2:15	1.8	2:56	0.9	6:15	5:31	
3	Fri	9:13	8.9	9:47	8.1	3:03	1.6	3:40	0.7	6:13	5:33	
4	Sat	9:55	9.1	10:25	8.4	3:47	1.3	4:21	0.5	6:11	5:34	
5	Sun	10:33	9.4	10:59	8.7	4:28	1.0	4:58	0.3	6:09	5:35	
6	Mon	11:09	9.6	11:34	9.1	5:07	0.7	5:33	0.1	6:08	5:36	
7	Tue	11:47	9.7			5:45	0.4	6:09	0.0	6:06	5:38	
8	Wed	12:10	9.4	12:27	9.8	6:25	0.1	6:46	-0.1	6:04	5:39	
9	Thu	12:49	9.8	1:10	9.7	7:07	-0.1	7:27	0.0	6:03	5:40	
10	Fri	1:32	10.0	1:58	9.6	7:54	-0.2	8:12	0.1	6:01	5:41	
11	Sat	2:20	10.1	2:51	9.3	8:46	-0.2	9:03	0.3	5:59	5:43	
12	Sun	3:13	10.1	3:49	9.0	9:44	-0.1	10:00	0.6	5:57	5:44	
13	Mon	4:11	10.0	4:52	8.7	10:47	0.0	11:04	0.8	5:55	5:45	
14	Tue	5:15	9.9	6:02	8.6	11:55	0.0			5:54	5:46	
15	Wed	6:25	9.9	7:13	8.7	12:13	0.9	1:02	-0.1	5:52	5:47	
16	Thu	7:33	10.0	8:18	9.0	1:20	0.7	2:05	-0.4	5:50	5:49	
17	Fri	8:37	10.2	9:16	9.4	2:23	0.4	3:04	-0.6	5:48	5:50	
18	Sat	9:34	10.4	10:08	9.7	3:21	0.0	3:57	-0.7	5:47	5:51	
19	Sun	10:26	10.4	10:55	9.9	4:15	-0.3	4:46	-0.8	5:45	5:52	
20	Mon	11:14	10.3	11:39	10.0	5:05	-0.5	5:31	-0.7	5:43	5:54	
21	Tue	11:59	10.1			5:51	-0.5	6:13	-0.4	5:41	5:55	
22	Wed	12:20	10.0	12:42	9.7	6:35	-0.4	6:54	-0.1	5:39	5:56	
23	Thu	1:00	9.8	1:24	9.3	7:19	-0.2	7:35	0.4	5:38	5:57	
24	Fri	1:40	9.6	2:08	8.9	8:03	0.1	8:17	0.8	5:36	5:58	
25	Sat	2:22	9.3	2:53	8.4	8:48	0.4	9:01	1.2	5:34	5:59	
26	Sun	3:06	9.0	3:42	8.0	9:37	0.8	9:50	1.6	5:32	6:01	
27	Mon	3:55	8.7	4:35	7.7	10:31	1.1	10:45	1.9	5:30	6:02	
28	Tue	4:50	8.4	5:35	7.5	11:29	1.3	11:44	2.1	5:29	6:03	
29	Wed	5:50	8.3	6:37	7.5			12:28	1.3	5:27	6:04	
30	Thu	6:50	8.3	7:34	7.7	12:44	2.0	1:24	1.2	5:25	6:05	
31	Fri	7:46	8.5	8:24	8.0	1:39	1.8	2:15	1.0	5:23	6:07	