






























Biddeford Pool, ME - Nov 2003

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:27	8.7	4:43	9.7	10:32	1.0	11:19	0.0	6:16	4:33	
2	Sun	5:36	8.6	5:54	9.3	11:42	1.1			6:17	4:32	
3	Mon	6:42	8.7	7:01	9.1	12:24	0.1	12:49	1.0	6:19	4:30	
4	Tue	7:41	8.9	8:01	9.1	1:24	0.2	1:50	0.8	6:20	4:29	
5	Wed	8:33	9.1	8:55	9.0	2:17	0.3	2:44	0.6	6:21	4:28	
6	Thu	9:19	9.3	9:42	8.8	3:05	0.5	3:32	0.4	6:23	4:27	
7	Fri	9:58	9.3	10:24	8.7	3:47	0.7	4:15	0.3	6:24	4:25	
8	Sat	10:33	9.3	11:01	8.5	4:26	0.9	4:54	0.3	6:25	4:24	
9	Sun	11:05	9.3	11:35	8.3	5:01	1.1	5:30	0.3	6:26	4:23	
10	Mon	11:35	9.2			5:35	1.3	6:05	0.4	6:28	4:22	
11	Tue	12:08	8.2	12:07	9.2	6:08	1.5	6:41	0.5	6:29	4:21	
12	Wed	12:43	8.0	12:42	9.1	6:42	1.7	7:19	0.6	6:30	4:20	
13	Thu	1:21	7.9	1:22	8.9	7:20	1.9	8:00	0.8	6:32	4:19	
14	Fri	2:04	7.7	2:06	8.8	8:02	2.0	8:46	0.9	6:33	4:18	
15	Sat	2:51	7.6	2:56	8.7	8:51	2.2	9:37	1.0	6:34	4:17	
16	Sun	3:44	7.6	3:50	8.5	9:46	2.2	10:32	1.0	6:35	4:16	
17	Mon	4:39	7.7	4:49	8.5	10:48	2.1	11:28	1.0	6:37	4:15	
18	Tue	5:37	8.1	5:51	8.6	11:51	1.7			6:38	4:14	
19	Wed	6:33	8.5	6:52	8.8	12:24	0.8	12:51	1.2	6:39	4:13	
20	Thu	7:26	9.2	7:50	9.1	1:16	0.5	1:47	0.5	6:41	4:12	
21	Fri	8:16	9.9	8:45	9.4	2:06	0.3	2:40	-0.2	6:42	4:12	
22	Sat	9:05	10.5	9:38	9.6	2:55	0.0	3:33	-0.9	6:43	4:11	
23	Sun	9:53	11.1	10:30	9.8	3:44	-0.2	4:24	-1.4	6:44	4:10	
24	Mon	10:42	11.4	11:21	9.8	4:33	-0.3	5:15	-1.7	6:45	4:10	
25	Tue	11:32	11.5			5:23	-0.3	6:06	-1.8	6:47	4:09	
26	Wed	12:13	9.7	12:23	11.4	6:14	-0.2	6:59	-1.6	6:48	4:09	
27	Thu	1:07	9.5	1:18	11.1	7:08	0.1	7:54	-1.3	6:49	4:08	
28	Fri	2:05	9.3	2:16	10.6	8:06	0.4	8:52	-0.8	6:50	4:07	
29	Sat	3:04	9.0	3:17	10.0	9:07	0.7	9:51	-0.4	6:51	4:07	
30	Sun	4:06	8.9	4:21	9.5	10:11	1.0	10:52	0.0	6:52	4:07	