




























Biddeford Pool, ME - Dec 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:00	7.8	1:00	9.0	6:54	1.8	7:36	0.6	6:54	4:06	
2	Tue	1:36	7.8	1:42	8.9	7:36	1.9	8:18	0.8	6:55	4:06	
3	Wed	2:24	7.8	2:24	8.7	8:24	1.9	9:00	0.9	6:57	4:05	
4	Thu	3:06	7.9	3:12	8.6	9:12	2.0	9:48	1.0	6:58	4:05	
5	Fri	3:54	8.1	4:06	8.4	10:06	1.9	10:36	1.1	6:59	4:05	
6	Sat	4:48	8.3	5:00	8.3	11:06	1.7	11:30	1.1	7:00	4:05	
7	Sun	5:36	8.7	6:00	8.2			12:06	1.3	7:00	4:05	
8	Mon	6:30	9.1	7:00	8.3	12:18	1.1	1:00	0.8	7:01	4:05	
9	Tue	7:24	9.6	8:00	8.5	1:12	1.0	2:00	0.2	7:02	4:05	
10	Wed	8:18	10.2	8:54	8.7	2:06	0.8	2:48	-0.4	7:03	4:05	
11	Thu	9:06	10.7	9:48	9.0	2:54	0.6	3:42	-0.9	7:04	4:05	
12	Fri	10:00	11.1	10:42	9.2	3:48	0.3	4:36	-1.3	7:05	4:05	
13	Sat	10:54	11.3	11:36	9.4	4:42	0.1	5:30	-1.5	7:06	4:05	
14	Sun	11:42	11.4			5:36	0.0	6:18	-1.5	7:06	4:05	
15	Mon	12:30	9.5	12:36	11.2	6:30	-0.1	7:12	-1.4	7:07	4:06	
16	Tue	1:24	9.5	1:36	10.9	7:24	0.0	8:06	-1.1	7:08	4:06	
17	Wed	2:18	9.5	2:36	10.4	8:24	0.2	9:00	-0.7	7:08	4:06	
18	Thu	3:18	9.5	3:36	9.8	9:24	0.3	10:00	-0.3	7:09	4:07	
19	Fri	4:12	9.4	4:36	9.2	10:30	0.5	10:54	0.2	7:10	4:07	
20	Sat	5:12	9.4	5:42	8.6	11:36	0.6	11:54	0.6	7:10	4:07	
21	Sun	6:12	9.3	6:42	8.3			12:36	0.6	7:11	4:08	
22	Mon	7:06	9.3	7:42	8.1	12:48	1.0	1:36	0.6	7:11	4:08	
23	Tue	8:00	9.3	8:42	7.9	1:42	1.2	2:30	0.5	7:12	4:09	
24	Wed	8:48	9.2	9:30	7.9	2:36	1.5	3:18	0.5	7:12	4:10	
25	Thu	9:36	9.2	10:12	7.8	3:18	1.6	4:06	0.5	7:12	4:10	
26	Fri	10:12	9.2	10:54	7.8	4:06	1.7	4:48	0.5	7:13	4:11	
27	Sat	10:48	9.2	11:30	7.8	4:42	1.7	5:24	0.5	7:13	4:12	
28	Sun	11:24	9.2			5:24	1.7	6:00	0.5	7:13	4:12	
29	Mon	12:00	7.9	12:00	9.2	6:00	1.7	6:36	0.5	7:13	4:13	
30	Tue	12:36	8.0	12:36	9.2	6:36	1.6	7:12	0.5	7:14	4:14	
31	Wed	1:12	8.1	1:12	9.1	7:12	1.6	7:42	0.5	7:14	4:15	