

































Biddeford Pool, ME - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:48	8.3	1:54	9.0	7:54	1.4	8:24	0.6	7:14	4:16	
2	Fri	2:30	8.5	2:42	8.8	8:36	1.4	9:06	0.7	7:14	4:17	
3	Sat	3:12	8.7	3:30	8.6	9:30	1.3	9:48	0.9	7:14	4:17	
4	Sun	4:00	8.9	4:24	8.3	10:24	1.1	10:42	1.1	7:14	4:18	
5	Mon	4:54	9.1	5:24	8.1	11:24	0.9	11:36	1.2	7:14	4:19	
6	Tue	5:54	9.4	6:30	8.1			12:30	0.6	7:13	4:20	
7	Wed	6:48	9.8	7:36	8.2	12:36	1.1	1:30	0.2	7:13	4:21	
8	Thu	7:48	10.2	8:36	8.5	1:36	1.0	2:30	-0.3	7:13	4:23	
9	Fri	8:48	10.6	9:36	8.9	2:36	0.7	3:30	-0.8	7:13	4:24	
10	Sat	9:48	11.0	10:30	9.2	3:36	0.4	4:24	-1.2	7:13	4:25	
11	Sun	10:42	11.3	11:24	9.6	4:30	0.0	5:12	-1.4	7:12	4:26	
12	Mon	11:36	11.3			5:24	-0.3	6:06	-1.5	7:12	4:27	
13	Tue	12:12	9.9	12:24	11.2	6:18	-0.4	6:54	-1.4	7:11	4:28	
14	Wed	1:06	10.0	1:18	10.8	7:12	-0.4	7:42	-1.1	7:11	4:29	
15	Thu	1:54	10.1	2:12	10.2	8:06	-0.3	8:36	-0.7	7:10	4:31	
16	Fri	2:48	10.0	3:06	9.6	9:00	0.0	9:24	-0.1	7:10	4:32	
17	Sat	3:36	9.8	4:00	8.9	10:00	0.3	10:18	0.4	7:09	4:33	
18	Sun	4:30	9.5	5:00	8.3	11:00	0.6	11:12	1.0	7:09	4:34	
19	Mon	5:30	9.2	6:06	7.9			12:00	0.8	7:08	4:36	
20	Tue	6:24	9.0	7:06	7.6	12:12	1.4	1:00	0.9	7:07	4:37	
21	Wed	7:24	8.9	8:06	7.5	1:06	1.7	1:54	0.9	7:07	4:38	
22	Thu	8:18	8.9	9:00	7.5	2:00	1.8	2:48	0.9	7:06	4:39	
23	Fri	9:06	9.0	9:48	7.6	2:48	1.8	3:36	0.8	7:05	4:41	
24	Sat	9:48	9.1	10:24	7.8	3:36	1.7	4:18	0.7	7:04	4:42	
25	Sun	10:30	9.2	11:00	7.9	4:18	1.6	5:00	0.6	7:03	4:43	
26	Mon	11:00	9.2	11:36	8.1	5:00	1.5	5:30	0.5	7:02	4:45	
27	Tue	11:36	9.3			5:36	1.3	6:06	0.4	7:02	4:46	
28	Wed	12:06	8.4	12:12	9.3	6:12	1.1	6:36	0.3	7:01	4:47	
29	Thu	12:42	8.6	12:48	9.3	6:48	1.0	7:12	0.3	7:00	4:49	
30	Fri	1:18	8.9	1:30	9.2	7:30	0.8	7:48	0.4	6:59	4:50	
31	Sat	1:54	9.1	2:12	9.0	8:12	0.7	8:30	0.6	6:58	4:51	