




























Biddeford Pool, ME - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:45	7.7	8:58	9.0	2:35	0.7	2:41	1.6	5:31	8:03	
2	Sun	9:41	7.7	9:50	9.0	3:30	0.8	3:34	1.7	5:32	8:02	
3	Mon	10:30	7.7	10:35	9.1	4:20	0.7	4:22	1.6	5:33	8:01	
4	Tue	11:12	7.8	11:16	9.1	5:04	0.7	5:06	1.6	5:34	8:00	
5	Wed	11:49	8.0	11:52	9.2	5:44	0.6	5:45	1.4	5:35	7:58	
6	Thu			12:22	8.1	6:19	0.5	6:22	1.3	5:36	7:57	
7	Fri	12:25	9.2	12:54	8.3	6:52	0.5	6:58	1.2	5:38	7:56	
8	Sat	12:59	9.2	1:25	8.6	7:25	0.5	7:34	1.0	5:39	7:54	
9	Sun	1:34	9.1	1:59	8.8	7:57	0.5	8:12	0.9	5:40	7:53	
10	Mon	2:12	9.0	2:36	9.0	8:31	0.6	8:53	0.8	5:41	7:52	
11	Tue	2:54	8.8	3:17	9.1	9:09	0.8	9:39	0.8	5:42	7:50	
12	Wed	3:40	8.6	4:03	9.2	9:51	1.0	10:30	0.8	5:43	7:49	
13	Thu	4:31	8.3	4:54	9.3	10:40	1.2	11:28	0.8	5:44	7:47	
14	Fri	5:28	8.0	5:51	9.4	11:36	1.3			5:45	7:46	
15	Sat	6:32	7.9	6:54	9.5	12:32	0.7	12:39	1.4	5:46	7:44	
16	Sun	7:41	8.0	8:00	9.8	1:38	0.4	1:46	1.2	5:47	7:43	
17	Mon	8:47	8.3	9:04	10.2	2:42	0.1	2:49	0.9	5:49	7:41	
18	Tue	9:48	8.8	10:04	10.6	3:41	-0.4	3:50	0.4	5:50	7:40	
19	Wed	10:44	9.3	11:00	10.9	4:36	-0.8	4:48	-0.1	5:51	7:38	
20	Thu	11:36	9.8	11:53	11.0	5:28	-1.1	5:43	-0.5	5:52	7:37	
21	Fri			12:25	10.3	6:17	-1.2	6:35	-0.8	5:53	7:35	
22	Sat	12:44	10.9	1:12	10.5	7:04	-1.2	7:26	-0.9	5:54	7:33	
23	Sun	1:34	10.6	1:59	10.5	7:51	-0.9	8:17	-0.8	5:55	7:32	
24	Mon	2:24	10.1	2:48	10.4	8:38	-0.5	9:09	-0.5	5:56	7:30	
25	Tue	3:16	9.5	3:37	10.1	9:26	0.0	10:03	-0.1	5:57	7:28	
26	Wed	4:09	8.9	4:29	9.6	10:17	0.6	10:59	0.3	5:59	7:27	
27	Thu	5:05	8.3	5:25	9.2	11:11	1.2	11:58	0.7	6:00	7:25	
28	Fri	6:06	7.8	6:25	8.9			12:10	1.6	6:01	7:23	
29	Sat	7:11	7.5	7:27	8.7	1:01	1.0	1:12	1.8	6:02	7:22	
30	Sun	8:13	7.5	8:27	8.7	2:02	1.1	2:11	1.9	6:03	7:20	
31	Mon	9:09	7.6	9:20	8.7	2:58	1.0	3:05	1.8	6:04	7:18	