
































Biddeford Pool, ME - Nov 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:30	9.4	9:59	8.7	3:25	1.0	3:56	0.2	6:17	4:32	
2	Mon	10:08	9.7	10:40	8.8	4:04	0.9	4:37	-0.1	6:18	4:31	
3	Tue	10:46	10.1	11:21	8.9	4:42	0.8	5:18	-0.4	6:19	4:30	
4	Wed	11:28	10.4			5:22	0.7	6:02	-0.6	6:21	4:28	
5	Thu	12:05	9.0	12:13	10.5	6:06	0.6	6:48	-0.7	6:22	4:27	
6	Fri	12:53	8.9	1:02	10.5	6:53	0.6	7:39	-0.7	6:23	4:26	
7	Sat	1:46	8.9	1:57	10.3	7:47	0.7	8:35	-0.5	6:25	4:25	
8	Sun	2:43	8.8	2:57	10.1	8:47	0.8	9:34	-0.3	6:26	4:24	
9	Mon	3:45	8.8	4:01	9.8	9:53	0.9	10:37	-0.2	6:27	4:22	
10	Tue	4:50	9.0	5:10	9.5	11:03	0.8	11:40	-0.1	6:28	4:21	
11	Wed	5:55	9.2	6:20	9.3			12:12	0.5	6:30	4:20	
12	Thu	6:57	9.6	7:25	9.3	12:41	0.0	1:16	0.1	6:31	4:19	
13	Fri	7:54	9.9	8:26	9.2	1:39	0.0	2:16	-0.2	6:32	4:18	
14	Sat	8:47	10.2	9:21	9.2	2:32	0.1	3:10	-0.5	6:34	4:17	
15	Sun	9:35	10.3	10:11	9.1	3:22	0.3	4:01	-0.6	6:35	4:16	
16	Mon	10:20	10.3	10:57	8.9	4:09	0.5	4:48	-0.6	6:36	4:15	
17	Tue	11:02	10.1	11:39	8.7	4:53	0.7	5:31	-0.5	6:37	4:14	
18	Wed	11:41	9.9			5:35	0.9	6:13	-0.2	6:39	4:14	
19	Thu	12:20	8.4	12:20	9.6	6:16	1.2	6:54	0.0	6:40	4:13	
20	Fri	1:00	8.2	1:00	9.4	6:57	1.4	7:36	0.3	6:41	4:12	
21	Sat	1:42	8.0	1:43	9.1	7:40	1.7	8:20	0.6	6:42	4:11	
22	Sun	2:26	7.9	2:29	8.8	8:26	1.9	9:05	0.9	6:44	4:11	
23	Mon	3:13	7.8	3:18	8.5	9:17	2.0	9:54	1.1	6:45	4:10	
24	Tue	4:02	7.8	4:11	8.2	10:12	2.0	10:45	1.3	6:46	4:09	
25	Wed	4:54	7.9	5:07	8.0	11:10	2.0	11:36	1.4	6:47	4:09	
26	Thu	5:46	8.1	6:05	7.9			12:07	1.8	6:48	4:08	
27	Fri	6:37	8.4	7:01	7.9	12:27	1.4	1:02	1.4	6:50	4:08	
28	Sat	7:24	8.8	7:53	8.0	1:15	1.4	1:52	1.0	6:51	4:07	
29	Sun	8:08	9.2	8:42	8.2	2:00	1.3	2:40	0.6	6:52	4:07	
30	Mon	8:52	9.6	9:29	8.4	2:44	1.2	3:26	0.1	6:53	4:06	