

































Biddeford Pool, ME - Mar 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:17	11.0	11:43	10.8	5:08	-1.1	5:36	-1.3	6:17	5:30	
2	Tue			12:07	10.9	6:00	-1.3	6:23	-1.2	6:15	5:31	
3	Wed	12:31	11.0	12:58	10.5	6:50	-1.3	7:10	-0.9	6:14	5:32	
4	Thu	1:19	10.9	1:49	10.0	7:42	-1.1	7:59	-0.4	6:12	5:33	
5	Fri	2:09	10.6	2:42	9.3	8:35	-0.7	8:50	0.2	6:10	5:35	
6	Sat	3:02	10.2	3:38	8.7	9:31	-0.2	9:44	0.8	6:08	5:36	
7	Sun	3:57	9.6	4:38	8.2	10:30	0.3	10:44	1.3	6:07	5:37	
8	Mon	4:58	9.2	5:43	7.8	11:33	0.7	11:47	1.6	6:05	5:38	
9	Tue	6:02	8.8	6:49	7.6			12:37	1.0	6:03	5:40	
10	Wed	7:06	8.7	7:49	7.7	12:50	1.8	1:36	1.0	6:01	5:41	
11	Thu	8:04	8.7	8:41	7.9	1:48	1.7	2:29	1.0	6:00	5:42	
12	Fri	8:54	8.8	9:26	8.1	2:41	1.5	3:16	0.9	5:58	5:43	
13	Sat	9:38	8.8	10:05	8.3	3:27	1.3	3:57	0.8	5:56	5:45	
14	Sun	11:17	8.9	11:38	8.6	5:09	1.1	5:34	0.8	6:54	6:46	
15	Mon	11:52	8.9			5:47	0.9	6:07	0.7	6:53	6:47	
16	Tue	12:09	8.8	12:25	8.9	6:23	0.7	6:39	0.8	6:51	6:48	
17	Wed	12:38	9.0	12:58	8.9	6:57	0.5	7:10	0.8	6:49	6:49	
18	Thu	1:10	9.2	1:33	8.8	7:33	0.4	7:43	0.9	6:47	6:51	
19	Fri	1:45	9.4	2:12	8.7	8:10	0.3	8:19	1.0	6:46	6:52	
20	Sat	2:24	9.5	2:55	8.6	8:53	0.3	9:00	1.1	6:44	6:53	
21	Sun	3:09	9.5	3:44	8.4	9:40	0.4	9:47	1.2	6:42	6:54	
22	Mon	3:59	9.5	4:39	8.2	10:35	0.5	10:43	1.4	6:40	6:55	
23	Tue	4:56	9.4	5:40	8.1	11:36	0.5	11:48	1.4	6:38	6:57	
24	Wed	5:59	9.4	6:47	8.2			12:42	0.5	6:37	6:58	
25	Thu	7:08	9.5	7:55	8.5	12:57	1.3	1:47	0.2	6:35	6:59	
26	Fri	8:16	9.7	8:57	9.1	2:05	0.9	2:47	-0.1	6:33	7:00	
27	Sat	9:19	10.0	9:53	9.7	3:08	0.3	3:43	-0.4	6:31	7:01	
28	Sun	10:17	10.3	10:45	10.3	4:06	-0.3	4:36	-0.7	6:29	7:03	
29	Mon	11:11	10.4	11:34	10.7	5:01	-0.9	5:25	-0.8	6:28	7:04	
30	Tue			12:02	10.4	5:53	-1.2	6:13	-0.8	6:26	7:05	
31	Wed	12:21	11.0	12:51	10.2	6:43	-1.4	6:59	-0.6	6:24	7:06	