






























## Biddeford Pool, ME - Aug 2010

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:35	8.4	4:00	8.7	9:53	1.1	10:24	1.3	5:31	8:04	
2	Mon	4:22	8.1	4:45	8.7	10:36	1.4	11:16	1.3	5:32	8:03	
3	Tue	5:13	7.8	5:36	8.7	11:24	1.6			5:33	8:01	
4	Wed	6:09	7.6	6:31	8.8	12:13	1.3	12:19	1.8	5:34	8:00	
5	Thu	7:11	7.5	7:30	9.1	1:14	1.1	1:18	1.7	5:35	7:59	
6	Fri	8:13	7.7	8:29	9.4	2:13	0.8	2:16	1.5	5:36	7:57	
7	Sat	9:12	8.0	9:26	9.9	3:09	0.4	3:13	1.1	5:37	7:56	
8	Sun	10:07	8.5	10:20	10.4	4:03	-0.1	4:09	0.6	5:38	7:55	
9	Mon	10:59	9.1	11:13	10.8	4:54	-0.6	5:03	0.1	5:39	7:53	
10	Tue	11:48	9.7			5:43	-1.0	5:55	-0.4	5:41	7:52	
11	Wed	12:04	11.1	12:36	10.3	6:31	-1.3	6:47	-0.8	5:42	7:51	
12	Thu	12:55	11.1	1:25	10.6	7:18	-1.4	7:40	-1.1	5:43	7:49	
13	Fri	1:47	10.9	2:15	10.8	8:06	-1.2	8:34	-1.1	5:44	7:48	
14	Sat	2:41	10.5	3:07	10.8	8:56	-0.9	9:30	-0.9	5:45	7:46	
15	Sun	3:37	9.9	4:02	10.6	9:49	-0.4	10:29	-0.6	5:46	7:45	
16	Mon	4:35	9.3	5:00	10.2	10:45	0.1	11:31	-0.2	5:47	7:43	
17	Tue	5:38	8.7	6:02	9.9	11:45	0.6			5:48	7:42	
18	Wed	6:45	8.3	7:07	9.6	12:36	0.1	12:49	1.0	5:49	7:40	
19	Thu	7:53	8.1	8:11	9.4	1:41	0.4	1:53	1.2	5:51	7:39	
20	Fri	8:55	8.0	9:11	9.3	2:43	0.4	2:53	1.3	5:52	7:37	
21	Sat	9:51	8.1	10:03	9.3	3:39	0.4	3:48	1.3	5:53	7:35	
22	Sun	10:39	8.2	10:49	9.3	4:29	0.4	4:36	1.2	5:54	7:34	
23	Mon	11:21	8.3	11:29	9.2	5:12	0.4	5:20	1.1	5:55	7:32	
24	Tue	11:57	8.4			5:50	0.5	5:58	1.0	5:56	7:30	
25	Wed	12:05	9.1	12:28	8.5	6:25	0.5	6:34	0.9	5:57	7:29	
26	Thu	12:38	9.0	12:58	8.7	6:57	0.6	7:09	0.9	5:58	7:27	
27	Fri	1:10	8.9	1:28	8.8	7:28	0.7	7:45	0.8	5:59	7:25	
28	Sat	1:44	8.8	2:01	8.9	8:00	0.9	8:22	0.8	6:01	7:24	
29	Sun	2:21	8.6	2:38	9.0	8:35	1.1	9:02	0.9	6:02	7:22	
30	Mon	3:02	8.4	3:19	9.0	9:12	1.3	9:47	0.9	6:03	7:20	
31	Tue	3:48	8.1	4:06	8.9	9:55	1.5	10:38	1.0	6:04	7:19	