US HARBORS www.USHarbors.com

Biddeford Pool, ME - Jan 2011

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**8:17**	10.3	**8:59**	8.6	**2:00**	0.6	**2:49**	-0.4	7:14	4:15	
2	Sun	**9:13**	10.3	**9:54**	8.7	**2:56**	0.6	**3:44**	-0.5	7:14	4:16	
3	Mon	**10:04**	10.3	**10:43**	8.7	**3:50**	0.7	**4:34**	-0.5	7:14	4:17	
4	Tue	**10:50**	10.2	**11:28**	8.7	**4:39**	0.7	**5:19**	-0.4	7:14	4:18	
5	Wed	**11:33**	10.0			**5:25**	0.8	**6:01**	-0.3	7:14	4:19	
6	Thu	**12:09**	8.7	**12:13**	9.7	**6:07**	0.9	**6:41**	-0.1	7:14	4:20	
7	Fri	**12:48**	8.6	**12:52**	9.5	**6:49**	1.0	**7:20**	0.2	7:13	4:21	
8	Sat	**1:26**	8.6	**1:32**	9.1	**7:30**	1.1	**7:58**	0.4	7:13	4:22	
9	Sun	**2:05**	8.6	**2:13**	8.8	**8:14**	1.2	**8:38**	0.7	7:13	4:23	
10	Mon	**2:45**	8.6	**2:58**	8.5	**9:00**	1.3	**9:20**	1.0	7:13	4:24	
11	Tue	**3:28**	8.5	**3:46**	8.1	**9:49**	1.4	**10:06**	1.3	7:12	4:25	
12	Wed	**4:15**	8.5	**4:38**	7.8	**10:43**	1.5	**10:55**	1.6	7:12	4:26	
13	Thu	**5:05**	8.5	**5:35**	7.5	**11:40**	1.5	**11:48**	1.8	7:12	4:28	
14	Fri	**5:58**	8.6	**6:34**	7.4			**12:37**	1.4	7:11	4:29	
15	Sat	**6:52**	8.8	**7:32**	7.5	**12:42**	1.8	**1:32**	1.1	7:11	4:30	
16	Sun	**7:45**	9.0	**8:26**	7.7	**1:35**	1.7	**2:24**	0.8	7:10	4:31	
17	Mon	**8:35**	9.4	**9:16**	8.1	**2:25**	1.5	**3:13**	0.3	7:10	4:32	
18	Tue	**9:24**	9.9	**10:03**	8.5	**3:14**	1.2	**4:00**	-0.1	7:09	4:34	
19	Wed	**10:11**	10.3	**10:48**	9.0	**4:03**	0.8	**4:45**	-0.6	7:08	4:35	
20	Thu	**10:58**	10.7	**11:33**	9.5	**4:51**	0.3	**5:30**	-0.9	7:08	4:36	
21	Fri	**11:45**	10.9			**5:39**	-0.1	**6:14**	-1.2	7:07	4:37	
22	Sat	**12:19**	10.0	**12:34**	10.9	**6:29**	-0.4	**7:00**	-1.2	7:06	4:39	
23	Sun	**1:07**	10.3	**1:26**	10.7	**7:21**	-0.6	**7:49**	-1.1	7:05	4:40	
24	Mon	**1:58**	10.5	**2:21**	10.3	**8:16**	-0.6	**8:40**	-0.8	7:05	4:41	
25	Tue	**2:52**	10.5	**3:19**	9.8	**9:14**	-0.5	**9:35**	-0.4	7:04	4:43	
26	Wed	**3:48**	10.4	**4:20**	9.2	**10:16**	-0.3	**10:33**	0.1	7:03	4:44	
27	Thu	**4:49**	10.2	**5:27**	8.7	**11:22**	-0.1	**11:37**	0.5	7:02	4:45	
28	Fri	**5:54**	10.0	**6:37**	8.4			**12:29**	0.0	7:01	4:47	
29	Sat	**7:00**	9.9	**7:45**	8.3	**12:42**	0.8	**1:34**	0.0	7:00	4:48	
30	Sun	**8:03**	9.8	**8:46**	8.4	**1:44**	0.9	**2:34**	0.0	6:59	4:49	
31	Mon	**9:00**	9.8	**9:40**	8.4	**2:43**	0.9	**3:29**	0.0	6:58	4:51	