

































Biddeford Pool, ME - Jun 2019

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sat | 10:31 | 8.4 | 10:41 | 9.5 | 4:28 | 0.5 | 4:35 | 1.1 | 5:03 | 8:15 |  |
| 2 | Sun | 11:13 | 8.6 | 11:20 | 9.8 | 5:11 | 0.2 | 5:16 | 1.0 | 5:02 | 8:15 |  |
| 3 | Mon | 11:54 | 8.7 | | | 5:52 | -0.2 | 5:56 | 0.8 | 5:02 | 8:16 |  |
| 4 | Tue | 12:00 | 10.2 | 12:37 | 8.9 | 6:35 | -0.5 | 6:39 | 0.7 | 5:02 | 8:17 |  |
| 5 | Wed | 12:43 | 10.4 | 1:23 | 9.0 | 7:19 | -0.7 | 7:24 | 0.6 | 5:01 | 8:18 |  |
| 6 | Thu | 1:30 | 10.5 | 2:12 | 9.1 | 8:06 | -0.8 | 8:14 | 0.5 | 5:01 | 8:18 |  |
| 7 | Fri | 2:21 | 10.5 | 3:05 | 9.2 | 8:57 | -0.8 | 9:09 | 0.5 | 5:01 | 8:19 |  |
| 8 | Sat | 3:16 | 10.4 | 4:02 | 9.2 | 9:52 | -0.8 | 10:09 | 0.6 | 5:00 | 8:20 |  |
| 9 | Sun | 4:15 | 10.2 | 5:01 | 9.3 | 10:49 | -0.6 | 11:13 | 0.5 | 5:00 | 8:20 |  |
| 10 | Mon | 5:18 | 9.9 | 6:03 | 9.5 | 11:49 | -0.4 | | | 5:00 | 8:21 |  |
| 11 | Tue | 6:25 | 9.6 | 7:06 | 9.7 | 12:20 | 0.4 | 12:51 | -0.3 | 5:00 | 8:21 |  |
| 12 | Wed | 7:32 | 9.4 | 8:07 | 10.0 | 1:26 | 0.2 | 1:50 | -0.2 | 5:00 | 8:22 |  |
| 13 | Thu | 8:37 | 9.3 | 9:04 | 10.2 | 2:29 | -0.1 | 2:47 | 0.0 | 5:00 | 8:22 |  |
| 14 | Fri | 9:37 | 9.2 | 9:57 | 10.4 | 3:28 | -0.4 | 3:42 | 0.1 | 4:59 | 8:23 |  |
| 15 | Sat | 10:33 | 9.1 | 10:47 | 10.4 | 4:23 | -0.6 | 4:33 | 0.3 | 4:59 | 8:23 |  |
| 16 | Sun | 11:24 | 9.0 | 11:33 | 10.3 | 5:14 | -0.7 | 5:22 | 0.5 | 4:59 | 8:24 |  |
| 17 | Mon | | | 12:11 | 8.9 | 6:02 | -0.6 | 6:08 | 0.7 | 5:00 | 8:24 |  |
| 18 | Tue | 12:16 | 10.2 | 12:54 | 8.7 | 6:46 | -0.5 | 6:51 | 0.9 | 5:00 | 8:24 |  |
| 19 | Wed | 12:57 | 9.9 | 1:36 | 8.5 | 7:28 | -0.3 | 7:33 | 1.1 | 5:00 | 8:25 |  |
| 20 | Thu | 1:37 | 9.6 | 2:17 | 8.3 | 8:10 | 0.0 | 8:15 | 1.3 | 5:00 | 8:25 |  |
| 21 | Fri | 2:18 | 9.4 | 2:59 | 8.2 | 8:52 | 0.2 | 8:59 | 1.5 | 5:00 | 8:25 |  |
| 22 | Sat | 3:01 | 9.1 | 3:42 | 8.1 | 9:35 | 0.5 | 9:46 | 1.7 | 5:00 | 8:25 |  |
| 23 | Sun | 3:46 | 8.8 | 4:28 | 8.1 | 10:19 | 0.7 | 10:36 | 1.8 | 5:01 | 8:26 |  |
| 24 | Mon | 4:34 | 8.5 | 5:15 | 8.1 | 11:06 | 1.0 | 11:29 | 1.8 | 5:01 | 8:26 |  |
| 25 | Tue | 5:26 | 8.2 | 6:05 | 8.2 | 11:56 | 1.1 | | | 5:01 | 8:26 |  |
| 26 | Wed | 6:21 | 8.0 | 6:56 | 8.4 | 12:25 | 1.7 | 12:47 | 1.3 | 5:02 | 8:26 |  |
| 27 | Thu | 7:18 | 7.9 | 7:46 | 8.6 | 1:21 | 1.5 | 1:37 | 1.4 | 5:02 | 8:26 |  |
| 28 | Fri | 8:13 | 7.9 | 8:34 | 8.9 | 2:15 | 1.3 | 2:25 | 1.4 | 5:02 | 8:26 |  |
| 29 | Sat | 9:05 | 8.0 | 9:20 | 9.3 | 3:05 | 0.9 | 3:12 | 1.3 | 5:03 | 8:26 |  |
| 30 | Sun | 9:55 | 8.2 | 10:06 | 9.7 | 3:53 | 0.5 | 3:58 | 1.1 | 5:03 | 8:26 |  |