





















## Biddeford Pool, ME - Oct 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:20	10.7	1:40	11.1	7:32	-1.0	8:04	-1.4	6:38	6:23	
2	Wed	2:12	10.3	2:30	10.9	8:22	-0.6	8:56	-1.1	6:39	6:21	
3	Thu	3:05	9.7	3:23	10.4	9:13	-0.1	9:52	-0.7	6:41	6:19	
4	Fri	4:02	9.2	4:18	9.9	10:08	0.5	10:50	-0.2	6:42	6:18	
5	Sat	5:01	8.7	5:18	9.4	11:07	1.0	11:51	0.3	6:43	6:16	
6	Sun	6:04	8.3	6:21	9.0			12:10	1.4	6:44	6:14	
7	Mon	7:10	8.1	7:26	8.8	12:54	0.6	1:14	1.5	6:45	6:12	
8	Tue	8:11	8.1	8:26	8.8	1:55	0.7	2:14	1.5	6:46	6:11	
9	Wed	9:05	8.2	9:20	8.8	2:50	0.7	3:08	1.4	6:48	6:09	
10	Thu	9:53	8.4	10:07	8.8	3:39	0.7	3:57	1.2	6:49	6:07	
11	Fri	10:34	8.6	10:49	8.9	4:23	0.7	4:40	1.0	6:50	6:05	
12	Sat	11:10	8.8	11:26	8.9	5:02	0.7	5:20	0.8	6:51	6:04	
13	Sun	11:42	8.9			5:38	0.7	5:57	0.6	6:52	6:02	
14	Mon	12:00	8.9	12:12	9.1	6:11	0.8	6:32	0.5	6:54	6:00	
15	Tue	12:32	8.8	12:42	9.2	6:43	0.9	7:06	0.4	6:55	5:59	
16	Wed	1:06	8.8	1:15	9.3	7:16	1.0	7:42	0.3	6:56	5:57	
17	Thu	1:43	8.7	1:52	9.4	7:50	1.1	8:22	0.3	6:57	5:55	
18	Fri	2:24	8.6	2:34	9.4	8:29	1.2	9:06	0.3	6:58	5:54	
19	Sat	3:11	8.4	3:22	9.4	9:14	1.4	9:56	0.4	7:00	5:52	
20	Sun	4:03	8.3	4:16	9.3	10:06	1.5	10:53	0.5	7:01	5:50	
21	Mon	5:00	8.2	5:15	9.3	11:07	1.5	11:56	0.4	7:02	5:49	
22	Tue	6:04	8.3	6:21	9.3			12:14	1.4	7:03	5:47	
23	Wed	7:10	8.6	7:29	9.5	1:01	0.3	1:23	1.1	7:05	5:46	
24	Thu	8:13	9.1	8:34	9.8	2:03	0.0	2:26	0.5	7:06	5:44	
25	Fri	9:11	9.7	9:34	10.1	3:00	-0.3	3:26	-0.1	7:07	5:43	
26	Sat	10:04	10.3	10:30	10.3	3:54	-0.6	4:22	-0.7	7:08	5:41	
27	Sun	10:55	10.8	11:23	10.4	4:45	-0.8	5:15	-1.2	7:10	5:40	
28	Mon	11:43	11.1			5:34	-0.8	6:06	-1.5	7:11	5:38	
29	Tue	12:14	10.3	12:30	11.2	6:22	-0.7	6:55	-1.6	7:12	5:37	
30	Wed	1:03	10.1	1:17	11.0	7:09	-0.5	7:45	-1.4	7:14	5:36	
31	Thu	1:53	9.7	2:04	10.7	7:57	-0.1	8:35	-1.0	7:15	5:34	